

# Northern Athletics Senior/U20 Champs 2008

Sport City, Manchester  
14/15 June 2008

## F01 Senior Men Hammer FINAL

1431	Michael Floyd	Sale Harriers Manchester	66.54
2427	Alex Smith	Sale Harriers Manchester	64.59
3426	James Bedford	Birchfield Harriers	64.39
4429	Matthew Lambley	City of Sheffield AC	63.99
5428	Peter Smith	Kingston upon Hull AC	63.33
6416	Michael Bomba	Liverpool Harriers	57.93
7436	Roger Bate	Trafford AC	57.35
8444	Will Lowndes	Liverpool Harriers	54.97
9404	Morgan Bell	City of York AC	43.87
10 415	George Perkins	Hallamshire Harriers	43.12
11 442	Richard Gayle	Wakefield District H & AC	42.38

## F02 Under 20 Women Long Jump FINAL

1332	Eleanor Markendale	Pendle AC	5.74
2375	Steph Kleynhans	Macclesfield Harriers	5.50
3542	Sian Kelman	West Cheshire AC	5.46
4355	Sian Pledger	Bolton United Harriers	4.89

## F03 Under 20 Men Pole Vault FINAL

1456	Andrew Sutcliffe	Sale Harriers Manchester	4.80
2448	Tim Parkin	Gateshead Harriers & AC	3.90
3216	Matthew Wright	Kendal AC	3.50
4463	Michael O'Donnell	Bolton United Harriers	3.30
5200	Liam Holiday	Kingston upon Hull AC	3.00

## F04 Senior Women Hammer FINAL

1503	Sophie Hitchon	Blackburn Harriers	59.39
2496	Sarah Holt	Sale Harriers Manchester	56.07
3504	Jenna Wheatman	Scarborough AC	46.68
4491	Katy Wilson	Birtley	46.12
5517	Amy Howard	Bingley Harriers	44.73
6512	Marit Zahkna	Manx Harriers	43.86
7478	Jemma Kelly	Trafford AC	43.36
8508	Bethan Lishman	Wigan Harriers	42.87
9493	Leah Weatheritt	Gateshead Harriers & AC	36.88
10 516	Natalie Walsh	Wigan Harriers	27.15

## F05 Senior Men High Jump FINAL

1405	Brian Hall	Bolton United Harriers	2.10
2400	Wani Mkandawire	City of Sheffield AC	2.00
3432	Joel Harrison	Kingston upon Hull AC	1.90
4392	Daniel Stewart-Clague	Manx Harriers	1.80

## F06 Under 20 Men Long Jump FINAL

1474	Andrew Burgess	Sale Harriers Manchester	6.79
2230	James Wright	Sale Harriers Manchester	6.72
3239	James Gardner	City of Stoke AC	6.66
4217	Charlie Dryden	Middlesbrough AC (Mandale)	6.65
5201	Andrew Robinson	Preston Harriers	6.62
6216	Matthew Wright	Kendal AC	5.84

## F07 Under 20 Men Discus FINAL

1461	Greg Watkins	Stockport Harriers	42.02
2454	Stuart Smith	Boston & District AC	41.57
3469	Thomas Smith	Wigan Harriers	41.22

## F08 Under 20 Women Discus FINAL

1 509	Hannah Evenden	Leeds City AC	42.39
2 532	Lauren Hunt	West Cheshire AC	34.80

## F09 Senior Men Shot Putt FINAL

1 398	Carl Myerscough	Blackpool Wyre & Fylde AC	19.87
2 399	Rimantas Martisauskas	Wakefield District H & AC	17.22
3 421	Craig Sturrock	Gateshead Harriers & AC	16.08
4 437	Carl Fletcher	Wigan Harriers	15.97
5 559	Jamie Williamson	City of Sheffield AC	15.84
6 544	John Nicholls	Sale Harriers Manchester	15.11
7 439	Daniel Brunt	City of Sheffield AC	14.81
8 444	Will Lowndes	Liverpool Harriers	14.27

## F10 Senior Women Triple Jump FINAL

1 497	Claire O'Reilly	Rugby & Northampton	12.05
2 297	Kelly Hilton	Chorley AC	11.95
3 479	Nicola Breaks	Hyndburn AC	11.26
4 520	Joanna Birch	Sale Harriers Manchester	10.37

## F11 Senior Women High Jump FINAL

1 477	Susan Moncrieff	Trafford AC	1.81
2 484	Kay Humberstone	Trafford AC	1.78

## F12 Under 20 Women Javelin FINAL

1 536	Amie Kevan	Preston Harriers	35.07
2 534	Lois Earl	Kingston upon Hull AC	34.76

## F13 Senior Men Triple Jump FINAL

1 401	Matt Barton	Leeds City AC	15.11
2 435	David Budd	City of Sheffield AC	14.66
3 393	Ade Babatunde	Middlesbrough AC (Mandale)	14.07
4 409	David Smith	Derby AC	13.85
5 418	John Lee	Trafford AC	12.86

## F14 Senior Women Shot Putt FINAL

1 514	Amy Hill	City of Sheffield AC	13.30
2 509	Hannah Evenden	Leeds City AC	12.36
3 518	Chloe Beckett	Trafford AC	12.15
4 515	Fiona Thomas	Wakefield District H & AC	10.77
5 505	Claire Reid	Morpeth Harriers & AC	10.70
6 516	Natalie Walsh	Wigan Harriers	8.83

## F15 Under 20 Men Javelin FINAL

1 447	Matthew Hunt	Kingston upon Hull AC	62.26
2 458	Andrew Allan	Liverpool Harriers	55.48
3 453	Ethan Featherstone	Barnsley AC	53.59
4 463	Michael O'Donnell	Bolton United Harriers	47.87
5 462	Adam Thomas	Hallamshire Harriers	42.11

**F16 Under 20 Men Hammer FINAL****FINAL**

1449	Michael Jennings	Kingston upon Hull AC	60.57
2578	Morgan Bell	City of York AC	50.06
3455	Adam Reynolds	Liverpool Harriers	45.88
4579	Michael Rigby	Oldham & Royton H & AC	44.64
5472	Jason Robinson	Chesterfield & District AC	40.53
6463	Michael O'Donnell	Bolton United Harriers	30.53

**F17 Senior Men Long Jump FINAL****FINAL**

1402	Lee Blaymire	Kingston upon Hull AC	7.36
2390	Jacob Brown	Sale Harriers Manchester	7.35
3397	Anthony Timms	Leeds City AC	6.91
4146	Mark Leicester	Liverpool Pembroke & Sefton AC	6.66
5406	John Stacey	Gateshead Harriers & AC	6.65
6395	Richard Szarkowski	Amber Valley AC	6.50

**F18a Senior Women Pole Vault FINAL****FINAL**

1577	Fiona Harrison	Trafford AC	3.85
2485	Anna Massey	Sale Harriers Manchester	3.75
3500	Sally Scott	Gateshead Harriers & AC	3.75
4501	Lindsay Johnson	Trafford AC	2.45

**F18b Under 20 Women Pole Vault FINAL****FINAL**

1498	Abigail Haywood	Sale Harriers Manchester	3.85
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**F19 Under 20 Women Hammer FINAL****FINAL**

1503	Sophie Hitchon	Blackburn Harriers	58.42
2539	Jenna Winson	Derby AC	45.80
3509	Hannah Evenden	Leeds City AC	45.10
4532	Vicky Johnson	Liverpool Harriers	45.02
5525	Kayleigh Sullivan	Middlesbrough AC (Mandale)	44.35
6529	Suzanne Woodward	Liverpool Harriers	38.64
7530	Charlotte Christian	Liverpool Pembroke & Sefton AC	34.51

**F20 Under 20 Men High Jump FINAL****FINAL**

1465	Mike Ehlen	Sale Harriers Manchester	1.98
2475	Cameron Gore	Preston Harriers	1.95
3201	Andrew Robinson	Preston Harriers	1.90
4466	Nathan Williams	Border Harriers & AC	1.85

**F21 Senior Men Discus FINAL****FINAL**

1559	Jamie Williamson	City of Sheffield AC	47.58
2439	Daniel Brunt	City of Sheffield AC	46.40
3425	Graeme Level	Gateshead Harriers & AC	46.14
4436	Roger Bate	Trafford AC	45.93
5414	Alessandro Morganella	Border Harriers & AC	44.05
6422	Karl Fitzgerald	Cleethorpes AC	40.51
780	Carl Van Schie	West Cheshire AC	36.71

**F22 Senior Women Long Jump FINAL****FINAL**

1308	Jess Taylor	Sale Harriers Manchester	5.37
2494	Michelle Robbins	Crewe & Nantwich AC	5.21
3297	Kelly Hilton	Chorley AC	5.19
4502	Katherine James	Barnsley AC	5.16
5481	Katie Huck	Kendal AC	4.99
6482	Claire Huck	Kendal AC	4.80

**F23 Under 20 Men Shot Putt FINAL****FINAL**

1	469	Thomas Smith	Wigan Harriers	15.06
2	579	Michael Rigby	Oldham & Royton H & AC	12.47

**F24 Senior Men Pole Vault FINAL****FINAL**

1	445	Mark Christie	Sale Harriers Manchester	5.10
2	411	Matt Cullen	Sale Harriers Manchester	4.45
3	407	Matthew Wright	Blackpool Wyre & Fylde AC	4.35
4	417	Greg Murrow	Mansfield AC	3.45
5	396	Phil Robinson	St Helens Sutton AC	3.05

**F25 Senior Women Discus FINAL****FINAL**

1	492	Sarah Henton	Blackburn Harriers	47.30
2	509	Hannah Evenden	Leeds City AC	41.97
3	483	Gemma Llewellyn	Liverpool Harriers	41.92
4	478	Jemma Kelly	Trafford AC	40.98
5	516	Natalie Walsh	Wigan Harriers	36.16
6	488	Bethany Staniland	City of York AC	35.55
7	505	Claire Reid	Morpeth Harriers & AC	33.94
8	512	Marit Zahkna	Manx Harriers	33.74

**F26 Under 20 Women High Jump FINAL****FINAL**

1	524	Adele Lassu	Sale Harriers Manchester	1.65
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**F27 Under 20 Men Triple Jump FINAL****FINAL**

1	465	Mike Ehlen	Sale Harriers Manchester	13.85
2	217	Charlie Dryden	Middlesbrough AC (Mandale)	13.28

**F28 Senior Women Javelin FINAL****FINAL**

1	519	Emma Halsall	Trafford AC	38.74
2	507	Eloise Manger	Chorley AC	38.25
3	489	Colette Doran	Wigan Harriers	37.82
4	480	Laura Smith	Seaton AC	35.88
5	488	Bethany Staniland	City of York AC	34.70
6	481	Katie Huck	Kendal AC	34.59
7	482	Claire Huck	Kendal AC	34.25
8	490	Anne-Marie Pennington	Preston Harriers	34.19

**F29 Under 20 Women Triple Jump FINAL****FINAL**

1	538	Melissa Carr	Shildon AC	12.21
2	375	Steph Kleynhans	Macclesfield Harriers	10.88
3	526	Eleanor Owen	Vale Royal	10.18

**F30 Under 20 Women Shot Putt FINAL****FINAL**

1	514	Amy Hill	City of Sheffield AC	13.37
2	509	Hannah Evenden	Leeds City AC	12.18
3	534	Lois Earl	Kingston upon Hull AC	10.85

**F31 Senior Men Javelin FINAL****FINAL**

1556	David Parker	Shaftesbury Barnet AC	70.64
2391	David McKay	West Cheshire AC	70.43
3410	Dorel Greta	Sale Harriers Manchester	70.24
4438	Phill Sharpe	Border Harriers & AC	65.66
5440	Ian Hopkins-Burns	Gateshead Harriers & AC	64.70
6420	Ben Fisher	Liverpool Harriers	61.25
7394	Paul McKown	Liverpool Harriers	60.00
8443	Mark Wareing	City of York AC	51.85
9392	Daniel Stewart-Clague	Manx Harriers	39.26

**T01 Senior Men 400m Heats****Heat 01**

W/S:

187	Richard Buck	City of York AC	47.94	W/S:
2359	Andrew Wilkinson	Sale Harriers Manchester	48.88	W/S:
398	Daniel Barry	Trafford AC	49.36	W/S:
484	Philiph Mukomana	City of Sheffield AC	50.04	W/S:
561	Leo Smith	Scunthorpe & District AC	50.52	W/S:
678	Brooke Wilkes	Longwood Harriers AC	56.61	W/S:
7140	Paul Ttereve	City of Sheffield AC	57.49	W/S:

**Heat 02**

W/S:

1138	John Kelley	City of Sheffield AC	48.52	W/S:
274	Rick Beardsall	Trafford AC	48.64	W/S:
370	Neil Hewson	Trafford AC	49.38	W/S:
4547	Daniel Williams	Leeds University	50.10	W/S:
561	Leo Smith	Scunthorpe & District AC	50.42	W/S:
6126	Marc Mullen-Browne	Trafford AC	51.58	W/S:
99 22	Richard Mather	Oldham & Royton H & AC	DNS	W/S:

**Heat 03**

W/S:

145	Rhys Smith	Leeds City AC	48.90	W/S:
2149	Nick Little	Gateshead Harriers & AC	49.04	W/S:
39	Phil Taylor	Liverpool Pembroke & Sefton AC	49.04	W/S:
414	Will Steel	City of York AC	50.55	W/S:
5156	Scott Riley	Trafford AC	51.49	W/S:
662	Mathew Stone	St Helens Sutton AC	51.60	W/S:
712	Simon Pope	Scunthorpe & District AC	53.32	W/S:

**T02 Senior Women 400m Heats****Heat 01**

W/S:

1266	Rebecca Sweeney	Sale Harriers Manchester	55.59	W/S:
2274	Nikysha Ferguson	Trafford AC	56.22	W/S:
3573	Nisha Desai	Trafford AC	57.24	W/S:
4288	Sarah Dowling	Manx Harriers	59.37	W/S:
5280	Laura Bealey	Sheffield Hallam University AC	61.72	W/S:
6510	Zoe Storr	Holmfirth Harriers	66.65	W/S:

**Heat 02**

W/S:

1259	Katie Jones	Trafford AC	57.01	W/S:
2271	Victoria Garrad	Trafford AC	57.85	W/S:
3261	Racheal Shaw	Barnsley AC	57.96	W/S:
4270	Louisa Williams	City of Sheffield AC	59.40	W/S:
5295	Sheryl Punter	Leeds City AC	61.80	W/S:
6574	Leanne Brown	Sale Harriers Manchester	63.61	W/S:

**T03 Under 20 Men 400m Heats****Heat 01**

W/S:

1233	Harry Doran	Liverpool Pembroke & Sefton AC	50.19	W/S:
2219	Craig Simpson	Wakefield District H & AC	50.44	W/S:
3173	David Munro	Manx Harriers	50.51	W/S:
4234	Edward Romney	Blackpool Wyre & Fylde AC	51.03	W/S:
5224	Christopher Horniman	Trafford AC	56.08	W/S:
99 236	Jack McGinn	Liverpool Pembroke & Sefton AC	DNF	W/S:

**Heat 02**

1	557	Peter Morgan	Warrington AC	49.93	W/S:
2	185	Nathan Hilton	Liverpool Pembroke & Sefton AC	50.11	W/S:
3	558	Junior George	Holmfirth Harriers	51.49	W/S:
4	168	Adam Allison	Gateshead Harriers & AC	51.74	W/S:
5	203	Thomas Roberts	Leeds City AC	51.77	W/S:
6	181	Michael Fairfield	Liverpool Harriers	52.45	W/S:

**Heat 03**

1	221	Stephen Butterworth	Sale Harriers Manchester	49.93	W/S:
2	212	Danny Higham	Liverpool Pembroke & Sefton AC	50.35	W/S:
3	169	Chris Bramah	Trafford AC	50.73	W/S:
4	198	James Stringer	Vale Royal	50.89	W/S:
5	249	Michael Haslett	Manx Harriers	51.02	W/S:

**T05 Senior Men 100m Heats****Heat 01**

W/S: -1.4

1	43	Dominic Bradley	Birchfield Harriers	11.03	W/S:
2	129	Phillip Eilershaw	Liverpool Harriers	11.33	W/S:
3	46	Simon Woan	Preston Harriers	11.38	W/S:
4	44	Andrew Boyd	Wirral AC	11.43	W/S:
5	127	Daniel Taylor	Leeds University	11.45	W/S:
6	150	Bobby Clayton	Warrington AC	11.65	W/S:
7	115	Peter Hickey	Trafford AC	12.28	W/S:
99	89	Peter Herberts	Barnsley AC	DNF	W/S:

**Heat 02**

W/S: -1.8

1	20	Thomas Riley	Manx Harriers	11.28	W/S:
2	85	Tim Ward	Border Harriers & AC	11.43	W/S:
3	10	Michael Zaim	Liverpool Pembroke & Sefton AC	11.46	W/S:
4	118	Stephen Sumner	Hyndburn AC	11.62	W/S:
5	5	Antony Leigh	Crewe & Nantwich AC	11.66	W/S:
6	25	William Green	Bolton United Harriers	11.78	W/S:
7	7	John Pearce	Barrow & Furness Striders	12.11	W/S:

**Heat 03**

W/S: +0.0

1	107	Richard Kilty	Gateshead Harriers & AC	11.10	W/S:
2	144	Ricardo Francis	Wakefield District H & AC	11.40	W/S:
3	36	Anthony Ashton	Bury AC	11.40	W/S:
4	53	Steven Langley	Gateshead Harriers & AC	11.47	W/S:
5	23	Alexander Stokes	Liverpool Pembroke & Sefton AC	11.54	W/S:
6	75	Alexander Bale	Blackpool Wyre & Fylde AC	11.71	W/S:
7	1	Michael Downes	West Cheshire AC	11.86	W/S:

**T07 Under 20 Women 100m Heats****Heat 01**

W/S: +0.0

1	379	Rebekah Wilson	Sale Harriers Manchester	11.90	W/S:
2	321	Mica Nottingham	Preston Harriers	12.32	W/S:
3	367	Reagan Wright	Wakefield District H & AC	12.72	W/S:
4	355	Sian Pledger	Bolton United Harriers	12.94	W/S:
5	342	Rachel Stoakley	West Cheshire AC	13.01	W/S:

**Heat 02**

W/S: +0.0

1	352	Annabelle Lewis	Kingston upon Hull AC	12.01	W/S:
2	371	Morgan Brown	City of Stoke AC	12.45	W/S:
3	377	Kate Brick	Wirral AC	12.86	W/S:
4	386	Emma Stokes	Middlesbrough AC (Mandale)	13.15	W/S:
5	387	Hayley Darbyshire	Warrington AC	13.32	W/S:

**T08 Senior Men 1500m Heats****Heat 01**

W/S:

1	77	Garry Bristow	Trafford AC	4:00.21	W/S:
2	130	Jordan Donnelly	Wirral AC	4:00.65	W/S:
3	92	Tim Egerton	Trafford AC	4:00.83	W/S:
4	135	James Horman	Liverpool Harriers	4:01.01	W/S:
5	73	Dave Webb	Leeds City AC	4:01.16	W/S:
6	19	Andy Wiles	Gateshead Harriers & AC	4:02.97	W/S:
7	69	James Russell	Liverpool Harriers	4:04.78	W/S:
8	51	Christopher Peach	Derby AC	4:07.87	W/S:
9	153	George Thompson	Vale Royal	4:08.06	W/S:
10	408	David Howlett	Sale Harriers Manchester	4:12.34	W/S:

**Heat 02**

1548	Matthew Nicholson	Gosforth Harriers	4:01.36	W/S:
224	Tom Minshull	Trafford AC	4:01.92	W/S:
3142	Adam Carmichael	Gateshead Harriers & AC	4:03.73	W/S:
426	Tom Cunningham	Blackpool Wyre & Fylde AC	4:03.76	W/S:
555	Adam Elliott	Sale Harriers Manchester	4:04.09	W/S:
6106	Nathan Elliott	Wakefield District H & AC	4:05.12	W/S:
7136	Phil Williams	Lincoln Wellington	4:08.00	W/S:
831	Martin Booth	Derby AC	4:18.67	W/S:
963	Arthur Cooke	Leeds City AC	4:23.49	W/S:

**T11 Under 20 Women 1500m FINAL****FINAL**

1327	Kirsty Legg	Middlesbrough AC (Mandale)	4:43.51	W/S:
2351	Jade Allen	Rotherham Harriers	4:43.52	W/S:
3326	Lauren Roche	Gateshead Harriers & AC	4:50.38	W/S:

**T13 Under 20 Men 110m Hurdles FINAL****FINAL**

W/S: +2.1

1230	James Wright	Sale Harriers Manchester	14.65	W/S:
2232	Adam Edgar	Macclesfield Harriers	15.31	W/S:
3561	Tom Casey	Leeds City AC	15.82	W/S:
4201	Andrew Robinson	Preston Harriers	15.98	W/S:
5216	Matthew Wright	Kendal AC	16.20	W/S:
99 208	Andrew Smith	Border Harriers & AC	DNF	W/S:

**T14 Senior Women 100m Hurdles FINAL****FINAL**

W/S: -2.8

1258	Zara Hohn	Wakefield District H & AC	13.98	W/S:
2424	Katey Read	Liverpool Harriers	14.03	W/S:
3298	Helen Asher	Liverpool Harriers	14.28	W/S:
4284	Grace Smith	Sale Harriers Manchester	14.50	W/S:
5297	Kelly Hilton	Chorley AC	14.83	W/S:
6568	Lauren Storr	Holmfirth Harriers	15.95	W/S:

**T15 Under 20 Women 100m Hurdles FINAL****FINAL**

W/S: -2.7

1320	Lauren Dewdney	Gateshead Harriers & AC	14.64	W/S:
2378	Katie McHale	Southport Waterloo AC	15.13	W/S:
3357	Ashley Helsby	Liverpool Harriers	15.14	W/S:
4332	Eleanor Markendale	Pendle AC	15.39	W/S:
5340	Lisa Revitt	Doncaster AC	15.67	W/S:
99 368	Danielle Rooney	Sale Harriers Manchester	DNF	W/S:

**T16 Senior Men 400m FINAL****FINAL**

W/S:

187	Richard Buck	City of York AC	46.23	W/S:
245	Rhys Smith	Leeds City AC	48.22	W/S:
374	Rick Beardsall	Trafford AC	48.61	W/S:
4138	John Kelley	City of Sheffield AC	48.79	W/S:
59	Phil Taylor	Liverpool Pembroke & Sefton AC	49.10	W/S:
6359	Andrew Wilkinson	Sale Harriers Manchester	49.28	W/S:
7149	Nick Little	Gateshead Harriers & AC	49.52	W/S:
898	Daniel Barry	Trafford AC	49.83	W/S:

**T17 Senior Women 400m FINAL****FINAL**

W/S:

1266	Rebecca Sweeney	Sale Harriers Manchester	55.12	W/S:
2259	Katie Jones	Trafford AC	55.58	W/S:
3274	Nikysha Ferguson	Trafford AC	55.62	W/S:
4271	Victoria Garrad	Trafford AC	56.37	W/S:
5573	Nisha Desai	Trafford AC	57.14	W/S:
6261	Racheal Shaw	Barnsley AC	57.33	W/S:
7270	Louisa Williams	City of Sheffield AC	58.26	W/S:
8288	Sarah Dowling	Manx Harriers	60.59	W/S:

**T18****Under 20 Men 400m FINAL****FINAL**

W/S:

1	233	Harry Doran	Liverpool Pembroke & Sefton AC	48.58	W/S:
2	185	Nathan Hilton	Liverpool Pembroke & Sefton AC	48.62	W/S:
3	219	Craig Simpson	Wakefield District H & AC	49.67	W/S:
4	557	Peter Morgan	Warrington AC	49.69	W/S:
5	221	Stephen Butterworth	Sale Harriers Manchester	49.81	W/S:
6	212	Danny Higham	Liverpool Pembroke & Sefton AC	50.13	W/S:
7	169	Chris Bramah	Trafford AC	51.33	W/S:
8	173	David Munro	Manx Harriers	51.44	W/S:

**T19****Under 20 Women 400m FINAL****FINAL**

W/S:

1	330	Sarah Lucas	Trafford AC	56.94	W/S:
2	318	Becky McLinden	Wirral AC	58.32	W/S:
3	348	Katherine Sherry	Sale Harriers Manchester	59.33	W/S:
4	365	Kate Would	Derby AC	59.99	W/S:
5	346	Emily Done	West Cheshire AC	60.27	W/S:
6	364	Mikaela Harrison	Wakefield District H & AC	61.01	W/S:
7	325	Jessica Witton	City of Sheffield AC	63.98	W/S:

**T20****Senior Men 5000m FINAL****FINAL**

W/S:

1	42	John McCole	Liverpool Harriers	14:34.39	W/S:
2	91	Martin Gostling	Leeds City AC	14:35.86	W/S:
3	73	Dave Webb	Leeds City AC	14:36.59	W/S:
4	81	Simon Mills	Sale Harriers Manchester	14:43.95	W/S:
5	56	Patrick Martin	Sunderland Harriers	14:46.54	W/S:
6	32	Philip Hoole	Rotherham Harriers	14:48.51	W/S:
7	64	Dominic Shaw	New Marske Harriers	14:51.97	W/S:
8	11	Colin Hawkins	Derby AC	14:53.92	W/S:
9	48	Nick Swinburn	Morpeth Harriers & AC	15:26.41	W/S:
10	37	Matthew Livingstone	Preston Harriers	15:45.85	W/S:
11	76	Luke Reddy	Liverpool Harriers	15:50.57	W/S:
99	117	Michael Jagger	Lincoln Wellington	DNF	W/S:

**T21****Senior Men 3000m Steeplechase FINAL****FINAL**

W/S:

1	128	Simon Marwood	Altrincham & District	9:30.54	W/S:
2	131	Ian Salisbury	Trafford AC	9:41.77	W/S:
3	28	John Halligan	Manx Harriers	9:45.35	W/S:
4	552	Darren Gray	Manx Harriers	10:06.20	W/S:
5	113	Martin Reid	City of Sheffield AC	10:07.94	W/S:
6	105	Chris Price	Wakefield District H & AC	10:08.18	W/S:
7	68	Josh Tighe	Blackburn Harriers	10:33.70	W/S:

**T22****Under 20 Men 2000m Steeplechase FINAL****FINAL**

W/S:

1	162	James Wilkinson	Leeds City AC	5:53.76	W/S:
2	188	Lawrence Walker	Warrington AC	5:59.73	W/S:
3	360	Sam Witter	Trafford AC	6:09.90	W/S:
4	197	Peter Huck	Barrow & Furness Striders	6:12.76	W/S:
5	120	Matthew Jackson	Warrington AC	6:13.88	W/S:
6	541	James Lavin	Leeds City AC	6:15.04	W/S:
7	237	Thomas Crowley	Bingley Harriers	6:19.32	W/S:
8	226	Robert Jowett	Sale Harriers Manchester	6:22.81	W/S:
9	195	Iain Lynn	City of York AC	6:25.01	W/S:
10	165	Elliott Jackson	New Marske Harriers	6:29.79	W/S:

**T23****Senior Women 100m FINAL****FINAL**

W/S: -4.0

1	265	Helen Taylor	Sale Harriers Manchester	12.23	W/S:
2	258	Zara Hohn	Wakefield District H & AC	12.36	W/S:
3	300	Maria Morganella	Border Harriers & AC	12.83	W/S:
4	272	Sara Whigham	Edinburgh AC	12.88	W/S:
5	260	Amanda Shaw	Barnsley AC	12.91	W/S:
6	305	Naana Adusei	Leeds City AC	12.95	W/S:
7	287	Edwina Anyanwu	Trafford AC	13.11	W/S:
8	515	Fiona Thomas	Wakefield District H & AC	13.68	W/S:

**T24 Under 20 Men 100m FINAL**

<b>FINAL</b>			W/S: -0.6
1161	Umar Hameed	Leeds City AC	11.03 W/S:
2222	Tony Corrigan	Liverpool Harriers	11.25 W/S:
3211	Matthew Cottam	Bingley Harriers	11.27 W/S:
4248	Thaddeus Anim-Somuah	St Helens Sutton AC	11.47 W/S:
5218	Harrison Foster	Bingley Harriers	11.58 W/S:
6243	James Mitchell	Wakefield District H & AC	11.66 W/S:
7257	Matt Brown	Burnley AC	11.66 W/S:
8228	James Caine	Bingley Harriers	11.79 W/S:

**T25 Under 20 Women 100m FINAL**

<b>FINAL</b>			W/S: +0.4
1379	Rebekah Wilson	Sale Harriers Manchester	11.93 W/S:
2371	Morgan Brown	City of Stoke AC	12.15 W/S:
3321	Mica Nottingham	Preston Harriers	12.26 W/S:
4367	Reagan Wright	Wakefield District H & AC	12.70 W/S:
5377	Kate Brick	Wirral AC	12.73 W/S:
6355	Sian Pledger	Bolton United Harriers	12.97 W/S:
7342	Rachel Stoakley	West Cheshire AC	13.07 W/S:
99 352	Annabelle Lewis	Kingston upon Hull AC	DNS W/S:

**T26 Senior Men 100m FINAL**

<b>FINAL</b>			W/S: +0.5
1107	Richard Kilty	Gateshead Harriers & AC	10.63 W/S:
243	Dominic Bradley	Birchfield Harriers	10.89 W/S:
320	Thomas Riley	Manx Harriers	10.97 W/S:
485	Tim Ward	Border Harriers & AC	11.21 W/S:
4129	Philip Ellershaw	Liverpool Harriers	11.21 W/S:
636	Anthony Ashton	Bury AC	11.29 W/S:
7144	Ricardo Francis	Wakefield District H & AC	11.30 W/S:
846	Simon Woan	Preston Harriers	11.32 W/S:

**T27 Senior Men 110m Hurdles FINAL**

<b>FINAL</b>			W/S: -0.4
143	Dominic Bradley	Birchfield Harriers	14.64 W/S:
216	Matthew Hudson	Leeds City AC	15.02 W/S:
3111	Andrew Sturrock	Gateshead Harriers & AC	15.08 W/S:
4133	Suote Nyananyo	Newham & Essex Beagles	15.13 W/S:
5116	Robert Henry	Enfield & Haringey	15.15 W/S:
6148	Philip Jarrett	City of Sheffield AC	15.36 W/S:
729	Paul Whittle	Blackburn Harriers	15.89 W/S:

**T28 Senior Men 1500m FINAL**

<b>FINAL</b>			W/S:
177	Garry Bristow	Trafford AC	3:50.57 W/S:
2548	Matthew Nicholson	Gosforth Harriers	3:52.51 W/S:
392	Tim Egerton	Trafford AC	3:54.44 W/S:
424	Tom Minshull	Trafford AC	4:01.47 W/S:
5142	Adam Carmichael	Gateshead Harriers & AC	4:02.37 W/S:
619	Andy Wiles	Gateshead Harriers & AC	4:04.41 W/S:
755	Adam Elliott	Sale Harriers Manchester	4:05.07 W/S:
826	Tom Cunningham	Blackpool Wyre & Fylde AC	4:07.73 W/S:
9130	Jordan Donnelly	Wirral AC	4:12.89 W/S:
99 73	Dave Webb	Leeds City AC	DNS W/S:

**T29 Senior Women 1500m FINAL**

<b>FINAL</b>			W/S:
1276	Jenna Hill	Sale Harriers Manchester	4:33.67 W/S:
2268	Julia Russell	Hallamshire Harriers	4:34.14 W/S:
3570	Helen Singleton	Wakefield District H & AC	4:34.97 W/S:
4279	Emma Waterhouse	Chester-le-Street AC	4:37.96 W/S:
5286	Claire Robson	Teesdale Athletics Club	4:39.04 W/S:
6273	Emma-Leigh Heighway	Sale Harriers Manchester	4:45.78 W/S:
7291	Melissa Turner	Chester-le-Street AC	4:48.33 W/S:
8292	Maxine Czarnicka	Chester-le-Street AC	4:49.75 W/S:
99 277	Emma McIntyre	Sale Harriers Manchester	DNF W/S:

**T30 Under 20 Men 1500m FINAL**

<b>FINAL</b>			W/S:
1 164	Stephen Broadhurst	Warrington AC	3:58.80 W/S:
2 190	Philip Hurst	Elswick Harriers	3:59.87 W/S:
3 252	Michael Cooke	Stockport Harriers	4:00.53 W/S:
4 186	Carl Smith	Chester-le-Street AC	4:01.17 W/S:
5 207	Richard Spooner	Hallamshire Harriers	4:02.53 W/S:
6 180	Harry Harper	Liverpool Harriers	4:02.53 W/S:
7 245	Russ Best	New Marske Harriers	4:02.72 W/S:
8 187	Peter Street	Preston Harriers	4:03.63 W/S:
9 182	Kristopher Lecher	Hull Achilles AC	4:06.01 W/S:
10 206	Douglas Roberts	Richmond & Zetland AC	4:06.35 W/S:
11 215	James Kraft	Scarborough AC	4:08.23 W/S:
12 255	Tom Madden	Wirral AC	4:17.11 W/S:
13 523	Jack Cutsforth	Border Harriers & AC	4:17.70 W/S:
14 250	Declan Conley	Border Harriers & AC	4:30.08 W/S:

**T31 Senior Men 400m Hurdles Heats**

<b>Heat 01</b>			W/S:
1 57	Rick Yates	Trafford AC	54.25 W/S:
2 82	Tom Grantham	City of Sheffield AC	54.77 W/S:
3 111	Andrew Sturrock	Gateshead Harriers & AC	55.10 W/S:
4 2	Adam Rogers	Sale Harriers Manchester	55.79 W/S:
5 441	Matthew Shaw	Scunthorpe & District AC	59.49 W/S:
6 40	Daniel Holiday	Kingston upon Hull AC	62.87 W/S:
<b>Heat 02</b>			W/S:
1 65	Benjamin Sumner	Enfield & Haringey	54.30 W/S:
2 60	Jeff Christie	Windsor, Slough Eton & Hounslow	54.48 W/S:
3 151	Tom O'Brien	Wigan Harriers	54.83 W/S:
4 137	Matt Kindon	Warrington AC	54.83 W/S:
5 72	Mark Draper	Liverpool Harriers	55.75 W/S:
6 66	Daniel Eckersley	Burnley AC	55.99 W/S:

**T32 Under 20 Men 400m Hurdles Heats**

<b>Heat 01</b>			W/S:
1 205	Niall Flannery	Gateshead Harriers & AC	56.35 W/S:
2 256	Jonathan Croasdale	Liverpool Harriers	56.77 W/S:
3 173	David Munro	Manx Harriers	56.99 W/S:
4 196	Alex Cooke	East Cheshire Harriers	57.20 W/S:
5 210	Daniel Hughes	Scunthorpe & District AC	59.69 W/S:
<b>Heat 02</b>			W/S:
1 225	Christian Roberts	Huntingtonshire AC	56.86 W/S:
2 249	Michael Haslett	Manx Harriers	57.16 W/S:
3 159	Nicholas Phelps	Middlesbrough AC (Mandale)	58.21 W/S:
4 191	Alexander Bell	Harrogate Harriers	58.99 W/S:

**T35 Senior Men 200m Heats**

<b>Heat 01</b>			W/S: -3.0
1 74	Rick Beardsall	Trafford AC	22.18 W/S:
2 155	Gary Atkinson	Sale Harriers Manchester	22.38 W/S:
3 27	Peter Watts	Kingston upon Hull AC	22.61 W/S:
4 70	Neil Hewson	Trafford AC	22.68 W/S:
5 23	Alexander Stokes	Liverpool Pembroke & Sefton AC	23.19 W/S:
6 67	Steven Moran	St Helens Sutton AC	23.57 W/S:
7 148	Philip Jarrett	City of Sheffield AC	23.73 W/S:
99 146	Mark Leicester	Liverpool Pembroke & Sefton AC	DNS W/S:
<b>Heat 02</b>			W/S: -2.0
1 154	Darren Scott	Trafford AC	21.88 W/S:
2 127	Daniel Taylor	Leeds University	22.79 W/S:
3 44	Andrew Boyd	Wirral AC	22.87 W/S:
4 144	Ricardo Francis	Wakefield District H & AC	22.89 W/S:
5 129	Philip Ellershaw	Liverpool Harriers	22.91 W/S:
6 80	Carl Van Schie	West Cheshire AC	22.98 W/S:
7 118	Stephen Sumner	Hyndburn AC	23.08 W/S:
8 566	Carlo Balsamo	Bury AC	23.33 W/S:

<b>Heat 03</b>			W/S: -1.8	<b>Heat 02</b>			W/S:
1359	Andrew Wilkinson	Sale Harriers Manchester	22.47 W/S:	1 241	Jack Hallas	Wakefield District H & AC	1:57.02 W/S:
220	Thomas Riley	Manx Harriers	22.50 W/S:	2 199	Thomas Atkinson		1:57.04 W/S:
310	Michael Zaim	Liverpool Pembroke & Sefton AC	22.54 W/S:	3 177	Declan Murray	Macclesfield Harriers	1:57.16 W/S:
485	Tim Ward	Border Harriers & AC	23.07 W/S:	4 172	Andrew Maguire	Middlesbrough AC (Mandale)	1:57.91 W/S:
5581	William Green	Bolton United Harriers	23.54 W/S:	5 198	James Stringer	Vale Royal	1:58.60 W/S:
6545	Marvin Edwards	Bury AC	23.72 W/S:	6 253	Karl McDonagh	Scunthorpe & District AC	1:58.68 W/S:
71	Michael Downes	West Cheshire AC	24.00 W/S:	7 158	Lee Whiteley	Sale Harriers Manchester	2:02.07 W/S:
8115	Peter Hickey	Trafford AC	24.66 W/S:	99 178	Daniel Griffiths	St Helens Sutton AC	DNF W/S:

### T36 Under 20 Men 200m Heats

<b>Heat 01</b>			W/S: -3.3	<b>Heat 02</b>			W/S:
1222	Tony Corrigan	Liverpool Harriers	22.85 W/S:	1 382	Sarah Simmons		2:16.12 W/S:
2211	Matthew Cottam	Bingley Harriers	23.22 W/S:	2 388	Jacqueline Fairchild	Trafford AC	2:18.39 W/S:
3564	Rory Evans	Stockport Harriers	23.29 W/S:	3 339	Stephanie Roe	Preston Harriers	2:18.52 W/S:
4219	Craig Simpson	Wakefield District H & AC	23.31 W/S:	4 324	Amy Regan	Sale Harriers Manchester	2:20.97 W/S:
5192	Johnathan Harker	Ribble Valley AC	23.84 W/S:	5 338	Kate Howard	Vale Royal	2:21.79 W/S:
6212	Danny Higham	Liverpool Pembroke & Sefton AC	24.03 W/S:	6 384	Michelle Stone	Kingston upon Hull AC	2:23.78 W/S:
				7 331	Amy Bridgeman	Scarborough AC	2:27.02 W/S:
				8 349	Lauren Havercroft	Kingston upon Hull AC	2:32.06 W/S:
				9 335	Suzanne Bailey	Ribble Valley AC	2:40.41 W/S:

<b>Heat 02</b>			W/S: -0.7	<b>Heat 02</b>			W/S:
1506	Chris Craig	Peterborough AC	21.76 W/S:	1 362	Alison Leonard	Blackburn Harriers	2:15.62 W/S:
2161	Umar Hameed	Leeds City AC	21.93 W/S:	2 350	Natalie Grant	Rotherham Harriers	2:19.83 W/S:
3183	Luke Miller-Briggs	Warrington AC	22.63 W/S:	3 345	Lucy McLoughlin	Stockport Harriers	2:19.85 W/S:
4175	Nathan Roach	Sale Harriers Manchester	22.77 W/S:	4 344	Jodie Spencer	Kingston upon Hull AC	2:21.63 W/S:
5218	Harrison Foster	Bingley Harriers	23.00 W/S:	5 374	Laura-Jane Day	Kingston upon Hull AC	2:23.00 W/S:
				6 341	Emily Curry	Kingston upon Hull AC	2:24.44 W/S:
				7 366	Charlotte Maxted	Aldershot Farnham & District AC	2:27.39 W/S:
				99 333	Ashleigh Williams	Newham & Essex Beagles	DNS W/S:

### T37 Senior Women 200m Heats

<b>Heat 01</b>			W/S: +0.3	<b>Heat 02</b>			W/S:
1266	Rebecca Sweeney	Sale Harriers Manchester	25.32 W/S:	1 362	Alison Leonard	Blackburn Harriers	2:15.62 W/S:
2546	Katie Flower	Trafford AC	25.39 W/S:	2 350	Natalie Grant	Rotherham Harriers	2:19.83 W/S:
3308	Jess Taylor	Sale Harriers Manchester	25.48 W/S:	3 345	Lucy McLoughlin	Stockport Harriers	2:19.85 W/S:
4305	Naana Adusei	Leeds City AC	25.93 W/S:	4 344	Jodie Spencer	Kingston upon Hull AC	2:21.63 W/S:
5574	Leanne Brown	Sale Harriers Manchester	25.94 W/S:	5 374	Laura-Jane Day	Kingston upon Hull AC	2:23.00 W/S:
				6 341	Emily Curry	Kingston upon Hull AC	2:24.44 W/S:
				7 366	Charlotte Maxted	Aldershot Farnham & District AC	2:27.39 W/S:
				99 333	Ashleigh Williams	Newham & Essex Beagles	DNS W/S:

<b>Heat 02</b>			W/S: -0.5	<b>FINAL</b>			W/S:
1265	Helen Taylor	Sale Harriers Manchester	24.45 W/S:	1 315	Katie Ingram	Horwich RMI	17:00.29 W/S:
2298	Helen Asher	Liverpool Harriers	24.90 W/S:	2 285	Alexandra Gostling	Leeds City AC	17:27.54 W/S:
3300	Maria Morganello	Border Harriers & AC	25.60 W/S:	3 279	Emma Waterhouse	Chester-le-Street AC	17:31.19 W/S:
4261	Racheal Shaw	Barnsley AC	25.74 W/S:	4 307	Kath Upton	Liverpool Harriers	17:57.50 W/S:
5288	Sarah Dowling	Manx Harriers	26.41 W/S:	5 296	Harriet Canter	Lincoln Wellington	18:18.97 W/S:
				6 247	Joanne Maddick	Kingston upon Hull AC	18:24.07 W/S:

### T38 Under 20 Women 200m Heats

<b>Heat 01</b>			W/S: -1.4	<b>Heat 02</b>			W/S:
1379	Rebekah Wilson	Sale Harriers Manchester	24.79 W/S:	1 57	Rick Yates	Trafford AC	50.96 W/S:
2385	Carmen Gedling	Liverpool Harriers	25.04 W/S:	2 65	Benjamin Sumner	Enfield & Haringey	52.10 W/S:
3319	Hannah Bird	Barnsley AC	25.60 W/S:	3 82	Tom Grantham	City of Sheffield AC	54.53 W/S:
4364	Mikaela Harrison	Wakefield District H & AC	26.87 W/S:	4 151	Tom O'Brien	Wigan Harriers	55.03 W/S:
5353	Faye Mitchell	Wakefield District H & AC	26.89 W/S:	5 137	Matt Kindon	Warrington AC	55.72 W/S:
6376	Shona Valentine	West Cheshire AC	26.97 W/S:	6 72	Mark Draper	Liverpool Harriers	58.85 W/S:
				99 60	Jeff Christie	Windsor, Slough Eton & Hounslow	DNS W/S:
				99 111	Andrew Sturrock	Gateshead Harriers & AC	DNS W/S:

<b>Heat 02</b>			W/S: -4.1	<b>FINAL</b>			W/S:
1354	Emily Shaw	Oldham & Royton H & AC	25.28 W/S:	1 205	Niall Flannery	Gateshead Harriers & AC	53.16 W/S:
2321	Mica Nottingham	Preston Harriers	25.32 W/S:	2 256	Jonathan Croasdale	Liverpool Harriers	53.40 W/S:
3318	Becky McLinden	Wirral AC	26.01 W/S:	3 225	Christian Roberts	Huntingtonshire AC	53.64 W/S:
4375	Steph Kleynhans	Macclesfield Harriers	26.50 W/S:	4 249	Michael Haslett	Manx Harriers	55.88 W/S:
5387	Hayley Darbyshire	Warrington AC	27.73 W/S:	5 196	Alex Cooke	East Cheshire Harriers	56.24 W/S:
				6 159	Nicholas Phelps	Middlesbrough AC (Mandale)	56.79 W/S:
				7 173	David Munro	Manx Harriers	59.82 W/S:
				99 191	Alexander Bell	Harrogate Harriers	DNS W/S:

### T41 Under 20 Men 800m Heats

<b>Heat 01</b>			W/S:	<b>Heat 02</b>			W/S:
1152	Niall Brooks	Sale Harriers Manchester	1:55.57 W/S:	1 205	Niall Flannery	Gateshead Harriers & AC	53.16 W/S:
2193	Robbie Schofield	Ribble Valley AC	1:58.38 W/S:	2 256	Jonathan Croasdale	Liverpool Harriers	53.40 W/S:
3231	Stuart Cameron	Stockport Harriers	1:58.48 W/S:	3 225	Christian Roberts	Huntingtonshire AC	53.64 W/S:
4170	Adam Morrell	Middlesbrough AC (Mandale)	1:58.60 W/S:	4 249	Michael Haslett	Manx Harriers	55.88 W/S:
5220	Thomas Hanlon	Liverpool Pembroke & Sefton AC	1:58.98 W/S:	5 196	Alex Cooke	East Cheshire Harriers	56.24 W/S:
6157	Thomas Lawrence	Derby AC	1:59.00 W/S:	6 159	Nicholas Phelps	Middlesbrough AC (Mandale)	56.79 W/S:
7223	David Horniman	Trafford AC	2:01.94 W/S:	7 173	David Munro	Manx Harriers	59.82 W/S:
8184	Alex Walker	City of Sheffield AC	2:05.16 W/S:	99 191	Alexander Bell	Harrogate Harriers	DNS W/S:

### T42 Under 20 Women 800m Heats

<b>Heat 01</b>			W/S:	<b>Heat 02</b>			W/S:
1 382	Sarah Simmons		2:16.12 W/S:	1 362	Alison Leonard	Blackburn Harriers	2:15.62 W/S:
2 388	Jacqueline Fairchild	Trafford AC	2:18.39 W/S:	2 350	Natalie Grant	Rotherham Harriers	2:19.83 W/S:
3 339	Stephanie Roe	Preston Harriers	2:18.52 W/S:	3 345	Lucy McLoughlin	Stockport Harriers	2:19.85 W/S:
4 324	Amy Regan	Sale Harriers Manchester	2:20.97 W/S:	4 344	Jodie Spencer	Kingston upon Hull AC	2:21.63 W/S:
5 338	Kate Howard	Vale Royal	2:21.79 W/S:	5 374	Laura-Jane Day	Kingston upon Hull AC	2:23.00 W/S:
6 384	Michelle Stone	Kingston upon Hull AC	2:23.78 W/S:	6 341	Emily Curry	Kingston upon Hull AC	2:24.44 W/S:
7 331	Amy Bridgeman	Scarborough AC	2:27.02 W/S:	7 366	Charlotte Maxted	Aldershot Farnham & District AC	2:27.39 W/S:
8 349	Lauren Havercroft	Kingston upon Hull AC	2:32.06 W/S:	99 333	Ashleigh Williams	Newham & Essex Beagles	DNS W/S:
9 335	Suzanne Bailey	Ribble Valley AC	2:40.41 W/S:				

<b>Heat 02</b>			W/S:	<b>FINAL</b>			W/S:
1 362	Alison Leonard	Blackburn Harriers	2:15.62 W/S:	1 315	Katie Ingram	Horwich RMI	17:00.29 W/S:
2 350	Natalie Grant	Rotherham Harriers	2:19.83 W/S:	2 285	Alexandra Gostling	Leeds City AC	17:27.54 W/S:
3 345	Lucy McLoughlin	Stockport Harriers	2:19.85 W/S:	3 279	Emma Waterhouse	Chester-le-Street AC	17:31.19 W/S:
4 344	Jodie Spencer	Kingston upon Hull AC	2:21.63 W/S:	4 307	Kath Upton	Liverpool Harriers	17:57.50 W/S:
5 374	Laura-Jane Day	Kingston upon Hull AC	2:23.00 W/S:	5 296	Harriet Canter	Lincoln Wellington	18:18.97 W/S:
6 341	Emily Curry	Kingston upon Hull AC	2:24.44 W/S:	6 247	Joanne Maddick	Kingston upon Hull AC	18:24.07 W/S:
7 366	Charlotte Maxted	Aldershot Farnham & District AC	2:27.39 W/S:				
99 333	Ashleigh Williams	Newham & Essex Beagles	DNS W/S:				

### T44 Senior Women 5000m FINAL

<b>FINAL</b>			W/S:
1 315	Katie Ingram	Horwich RMI	17:00.29 W/S:
2 285	Alexandra Gostling	Leeds City AC	17:27.54 W/S:
3 279	Emma Waterhouse	Chester-le-Street AC	17:31.19 W/S:
4 307	Kath Upton	Liverpool Harriers	17:57.50 W/S:
5 296	Harriet Canter	Lincoln Wellington	18:18.97 W/S:
6 247	Joanne Maddick	Kingston upon Hull AC	18:24.07 W/S:

### T45 Senior Men 400m Hurdles FINAL

<b>FINAL</b>			W/S:
1 57	Rick Yates	Trafford AC	50.96 W/S:
2 65	Benjamin Sumner	Enfield & Haringey	52.10 W/S:
3 82	Tom Grantham	City of Sheffield AC	54.53 W/S:
4 151	Tom O'Brien	Wigan Harriers	55.03 W/S:
5 137	Matt Kindon	Warrington AC	55.72 W/S:
6 72	Mark Draper	Liverpool Harriers	58.85 W/S:
99 60	Jeff Christie	Windsor, Slough Eton & Hounslow	DNS W/S:
99 111	Andrew Sturrock	Gateshead Harriers & AC	DNS W/S:

### T46 Under 20 Men 400m Hurdles FINAL

<b>FINAL</b>			W/S:
1 205	Niall Flannery	Gateshead Harriers & AC	53.16 W/S:
2 256	Jonathan Croasdale	Liverpool Harriers	53.40 W/S:
3 225	Christian Roberts	Huntingtonshire AC	53.64 W/S:
4 249	Michael Haslett	Manx Harriers	55.88 W/S:
5 196	Alex Cooke	East Cheshire Harriers	56.24 W/S:
6 159	Nicholas Phelps	Middlesbrough AC (Mandale)	56.79 W/S:
7 173	David Munro	Manx Harriers	59.82 W/S:
99 191	Alexander Bell	Harrogate Harriers	DNS W/S:

**T47 Senior Women 400m Hurdles FINAL**

FINAL		W/S:	
1573	Nisha Desai	Trafford AC	62.80 W/S:
2262	Becky Holdsworth	Doncaster AC	63.51 W/S:
3317	Sally Hughes	Birchfield Harriers	64.14 W/S:
4289	Danielle Parkinson	Sale Harriers Manchester	64.21 W/S:
5560	Rachel McHugh	Trafford AC	65.36 W/S:
6314	Katherine Wellam	Sale Harriers Manchester	67.49 W/S:
7575	Lucy Abbott	Trafford AC	68.15 W/S:
8280	Laura Bealey	Sheffield Hallam University AC	69.32 W/S:

**T48 Under 20 Women 400m Hurdles FINAL**

FINAL		W/S:	
1358	Samantha Coleby	Durham City Harriers	63.74 W/S:
2363	Vicki Holmes	Gateshead Harriers & AC	64.84 W/S:
3323	Amy Fleming	Gateshead Harriers & AC	65.59 W/S:
4347	Christina Carr	Blackburn Harriers	66.25 W/S:
5370	Lorna McMichael	Gateshead Harriers & AC	67.64 W/S:
6328	Laura Pitts	Bingley Harriers	69.03 W/S:
7389	Dawn Jackson	Cleethorpes AC	69.89 W/S:
8194	Louise Feeney	Amber Valley AC	70.03 W/S:

**T49 Under 20 Men 5000m FINAL**

FINAL		W/S:	
1174	Daniel Cliffe	Warrington AC	15:24.33 W/S:
2565	David Westbury	Derby AC	16:20.81 W/S:
3202	Lewis Rodgers	Loftus & Whitby AC	16:28.36 W/S:
4167	Laurie Luscombe	Liverpool Harriers	17:11.16 W/S:

**T50 Senior Men 800m FINAL**

FINAL		W/S:	
1109	Steven Evison	City of Sheffield AC	1:53.18 W/S:
2124	Robert Hodges	Kingston upon Hull AC	1:53.67 W/S:
383	Jake Harman	Leeds City AC	1:54.11 W/S:
450	Thomas Boardman	Leigh Harriers AC	1:54.43 W/S:
549	Richard Morrell	Middlesbrough AC (Mandale)	1:55.38 W/S:
6103	John Spence	Hallamshire Harriers	1:55.70 W/S:
715	Daniel Grant	Leeds Metropolitan University	1:56.14 W/S:
8100	Daniel Kevan	Wigan Harriers	1:56.73 W/S:
959	Nick Howard	Skyrac AC	1:56.88 W/S:
10 106	Nathan Elliott	Wakefield District H & AC	1:58.38 W/S:
11 94	Mark Gardner	Lancaster & Morecambe AC	1:58.90 W/S:

**T51 Under 20 Men 800m FINAL**

FINAL		W/S:	
1152	Niall Brooks	Sale Harriers Manchester	1:54.94 W/S:
2193	Robbie Schofield	Ribble Valley AC	1:55.44 W/S:
3241	Jack Hallas	Wakefield District H & AC	1:56.11 W/S:
4172	Andrew Maguire	Middlesbrough AC (Mandale)	1:58.58 W/S:
5170	Adam Morrell	Middlesbrough AC (Mandale)	1:59.15 W/S:
6177	Declan Murray	Macclesfield Harriers	1:59.48 W/S:
7231	Stuart Cameron	Stockport Harriers	1:59.62 W/S:
8199	Thomas Atkinson		2:00.58 W/S:
99 198	James Stringer	Vale Royal	DNS W/S:

**T52 Senior Women 800m FINAL**

FINAL		W/S:	
1302	Karen Johns	North Shields Poly	2:09.87 W/S:
2306	Kelly Johnson	Wakefield District H & AC	2:11.11 W/S:
3299	Joanne Dawes	Trafford AC	2:11.63 W/S:
4304	Rachel Deegan	Sale Harriers Manchester	2:16.44 W/S:
5576	Nicola Squires	Hallamshire Harriers	2:18.40 W/S:
6303	Katie Mellor	City of York AC	2:18.46 W/S:
7263	Nicola Pugh	Trafford AC	2:20.68 W/S:

**T53 Under 20 Women 800m FINAL**

FINAL		W/S:	
1 362	Alison Leonard	Blackburn Harriers	2:08.46 W/S:
2 339	Stephanie Roe	Preston Harriers	2:11.73 W/S:
3 382	Sarah Simmons		2:12.08 W/S:
4 388	Jacqueline Fairchild	Trafford AC	2:13.45 W/S:
5 350	Natalie Grant	Rotherham Harriers	2:19.13 W/S:
6 324	Amy Regan	Sale Harriers Manchester	2:20.34 W/S:
7 344	Jodie Spencer	Kingston upon Hull AC	2:26.96 W/S:
99 345	Lucy McLoughlin	Stockport Harriers	DNS W/S:

**T54 Senior Men 200m FINAL**

FINAL		W/S: +0.0	
1 74	Rick Beardsall	Trafford AC	21.47 W/S:
2 154	Darren Scott	Trafford AC	21.48 W/S:
3 359	Andrew Wilkinson	Sale Harriers Manchester	21.93 W/S:
4 10	Michael Zaim	Liverpool Pembroke & Sefton AC	22.00 W/S:
5 20	Thomas Riley	Manx Harriers	22.14 W/S:
6 27	Peter Watts	Kingston upon Hull AC	22.24 W/S:
7 155	Gary Atkinson	Sale Harriers Manchester	22.38 W/S:
8 127	Daniel Taylor	Leeds University	22.81 W/S:

**T55 Under 20 Men 200m FINAL**

FINAL		W/S: -1.3	
1 506	Chris Craig	Peterborough AC	21.57 W/S:
2 161	Umar Hameed	Leeds City AC	21.93 W/S:
3 564	Rory Evans	Stockport Harriers	22.20 W/S:
4 175	Nathan Roach	Sale Harriers Manchester	22.81 W/S:
5 183	Luke Miller-Briggs	Warrington AC	22.90 W/S:
6 211	Matthew Cottam	Bingley Harriers	23.09 W/S:
7 218	Harrison Foster	Bingley Harriers	23.56 W/S:
99 222	Tony Corrigan	Liverpool Harriers	DNS W/S:

**T56 Senior Women 200m FINAL**

FINAL		W/S: -1.3	
1 265	Helen Taylor	Sale Harriers Manchester	24.51 W/S:
2 298	Helen Asher	Liverpool Harriers	25.08 W/S:
3 546	Katie Flower	Trafford AC	25.60 W/S:
4 266	Rebecca Sweeney	Sale Harriers Manchester	25.60 W/S:
5 300	Maria Morganello	Border Harriers & AC	25.90 W/S:
6 305	Naana Adusei	Leeds City AC	26.04 W/S:
7 308	Jess Taylor	Sale Harriers Manchester	26.46 W/S:
99 261	Racheal Shaw	Barnsley AC	DNF W/S:

**T57 Under 20 Women 200m FINAL**

FINAL		W/S: -1.1	
1 354	Emily Shaw	Oldham & Royton H & AC	24.60 W/S:
2 379	Rebekah Wilson	Sale Harriers Manchester	24.83 W/S:
3 385	Carmen Gedling	Liverpool Harriers	24.99 W/S:
4 321	Mica Nottingham	Preston Harriers	25.20 W/S:
5 319	Hannah Bird	Barnsley AC	25.50 W/S:
6 318	Becky McLinden	Wirral AC	25.94 W/S:
7 364	Mikaela Harrison	Wakefield District H & AC	27.77 W/S:
99 375	Steph Kleynhans	Macclesfield Harriers	DNS W/S: