

Manx Harriers Open Meeting 5.4.09

Under 13 Girls			Under 15 Boys			
100m			100m			
1	Sosannah Cox	15.1	1	George Walmsley	13.1	
			2	Sammy Holt	14.0	
800m			200m			
1	Sosannah Cox	2.55.6	3	Richard Radcliffe	14.2	
Long Jump			200m			
1	Sosannah Cox	3.60m	1	George Walmsley	26.1	
			2	Scott Jones	31.4	
			3	Oliver Dickinson	32.6	
Under 13 Boys			800m			
100m			1500m			
1	Matthew Draper	15.2	1	Sammy Holt	2.29.9	
2	Brandon Gowland	15.7				
3	Stephen Jenkins (U/A)	16.8				
1500m			Long Jump			
1	Brandon Gowland	6.06.6	1	Sammy Holt	4.80m	
			2	Stephen Garrett	3.93m	
			3	Richard Radcliffe	3.90m	
Long Jump			High Jump			
1	Matthew Draper	3.35m	1	Scott Jones	1.35m	
			2	Richard Radcliffe	1.35m	
			3	Stephen Garrett	1.30m	
Under 15 Girls			Discus			
75mH			100m			
1	Beth Jones	14.6	1	Scott Jones	14.75m	
2	Alice Ashe	14.8	2	Oliver Dickinson	11.20m	
3	Sinead Kaneen	17.8				
200m			U17/Jun/Sen Women			
1	Alexandra Ross	13.6	200m			
2	Beth Jones	14.7	1	Harriet Pryke (Jun)	25.7	
3	Alice Briggs	14.9	2	Ciara McDonnell (U17)	26.3	
			3	Maxine Smalley (U17)	27.8	
Long Jump			400m			
1	Alexandra Ross	28.1	1	Harriet Pryke (Jun)	60.0	
2	Alice Briggs	31.0	2	Ciara McDonnell (U17)	61.5	
			3	Rachael Franklin (Jun)	63.7	
High Jump			400mH			
1	Reagan Dee	1.65m	MR	1	Hannah Riley (Leeds Met)	68.8
2	Beth Jones	1.42m				
3	Sinead Kaneen	1.42m				
			800m			
			1	Maxine Smalley (U17)	2.42.0	
			High Jump			
			1	Hollie Bass (Sen)	1.60m	

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U17/Jun/Sen Men

100m

1 Chileab Redwood-Sawyer (U17) 12.2

400m

1 Ben Brand (Sen) 52.8

2 Tom Richmond (Jun) 54.4

3 Chileab Redwood-Sawyer (U17) 55.6

400mH

1 Conor Delanbanque (Jun) 65.2

1500m

1 Tom Richmond (Jun) 4.27.1

2 Andrew Barron 4.38.6

Long Jump

1 Ben Brand (Sen) 6.18m

2 Dale Williams (Sen) U/A 5.63m

High Jump

1 Shaun Cregeen (Sen) 1.80m

2 Daniel Stewart-Clague (Sen) 1.80m

3 Dale Williams (Sen) U/A 1.75m