

## **PRESS RELEASE – for Immediate release**

### **Manx Records fall as Manx Harriers win 2<sup>nd</sup> League Match**

Two senior Manx records fell as Manx Harriers dominated their second Northern league match of the 2011 outdoor season to take first place on the day and extend their lead at the top of their division. Harriet Pryke broke the 55 seconds barrier recording a time of 54.9s to take first place in the 400m and a Manx record that has previously stood for 16 years. Meanwhile in the High Jump Reagan Dee jumped 1.70m to improve further her Manx record in that event.

Competing in Salford, on Saturday 4<sup>th</sup> June, the strong Manx Harriers team proved too much competition for the teams from Salford, Wigan, Wrexham, Trafford and the combined Western/Northern Team from the Isle of Man by amassing a huge points total of 429 points some 142 points over second place Salford.

In hot and sunny but blustery conditions sprinter Tom Riley won the A 100m in 11s, with Michael Taubman making a comeback to athletes with a solid 4<sup>th</sup> in the B 100m in 12.7s. Tom also went onto win the A 110m hurdles and B High Jump and take 2<sup>nd</sup> place in the B discus. Michael took 5<sup>th</sup> in the A 200m. In the 400m Ben Brand returning from injury recorded a seasons best of 51.7s to take 3<sup>rd</sup> in the A event with George Walmley winning the B event in 52.7s

In the women's sprints, Sarah Halligan came 2<sup>nd</sup> in the A 100m in a time of 12.6s and Harriet Pryke took 1<sup>st</sup> in the B 100m in a time of 12.2s. Sarah also came 1<sup>st</sup> in the A 200m in the time of 26.3s with Hannah Riley taking 1<sup>st</sup> in the B event in 26.7s. Hannah also came 1<sup>st</sup> in the A 110m hurdles in a PB time of 14.9s.

With the track heating up the middle distance runners found the going tough although Kevin Loundes won the 5000m A event with Chris Bracken taking 1<sup>st</sup> in the B event. Mike Garret produced a PB of 4.23.1s in the 1500m A event coming first. Gail Griffiths took 1<sup>st</sup> place in the 3000m in a time close to her best. Gemma Astin won the A 1500m with Gail taking the win in the B event. Rachel Franklin won the A 800m and the B 400m with Sarah Astin winning the B 800m. In the Mens 800m Andy Baron came 2<sup>nd</sup> in the A 800m and Ryan Douglas 2<sup>nd</sup> in the B event.

Andy Fox was in dominant form over the Hurdles taking three 1<sup>st</sup> places in the A 3000m steeple chase, A 400m hurdles and B 110m hurdles.

In the field events multi talented Daniel Stewart Clague came 1<sup>st</sup> in the A events of pole vault, triple jump, high jump, 2<sup>nd</sup> in the long jump and 3<sup>rd</sup> in the Javelin. Richard Bell came 2<sup>nd</sup> in the A Hammer, 3<sup>rd</sup> in the A Discus and 4<sup>th</sup> in the A Shot. In the women's field events Hannah Riley came 2<sup>nd</sup> in the B Discus with Reagan Dee taking 1<sup>st</sup> place in the B event. Bridget Kaneen came 4<sup>th</sup> in the A Hammer and Gail Griffiths 2<sup>nd</sup> in the B. In the Javelin A Hannah came 2<sup>nd</sup> and on the B event Rachel Franklin came 1<sup>st</sup>

Team Manager Anthony Brand said "This was a great day with some fantastic individual performances. Two Manx records and a number of personal bests in today's competition shows that our athletes performances are peaking at the right time. Many of the Manx Harriers will be competing in the Island Games only weeks away and it bodes well for some strong performances. "

Thanks also goes to the officials who travelled with the team – Di Shimell, Chris Quine, Alan Franklin, David Griffiths and Bridget Kaneen.

#### **Notes:**

Harriet Pryke and Reagan Dee are both Isle of Man Sports Aid recipients.

#### **Further Information:**

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