

Liverpool Harriers Jumps and Throws Open 2010

Four Manx athletes were in action at Wavertree Athletics Stadium last Saturday 17th April at the Liverpool Harriers Jumps and Throws Open Competition. This event took place under fantastic weather conditions and showcased many talented young and not so young athletes from around the north-west.

Commonwealth Youth Games hopeful and North of England U/15 High Jump champion Reagan Dee made a solid start to the new season with victory in the U/17 ladies high jump gaining an Island Games Squad consideration height. The Manx Harrier's winning height of 1.60m put her just seven centimetres away from her P.B. an excellent result this early in the year especially in light of the lack of high jump facilities whilst the NSC track is under re-construction.

In the throws a mixture of youth and experience took to the cage with Manx Harriers Richard Bell competing in the Junior Men age group and a comeback from Trevor Christian in the senior men age group, after his extended sabbatical with Douglas Rugby Club. In the hammer Richard took third place with a fine throw of 38.16m less than a metre away from his P.B. and is hungry to take Christian's IOM Junior Men record of 43.69m set back in 1998. In the senior competition it was clear that Trevor has some work to do to shake off the rust of a six year layoff. Registering a throw of 38.10m and gaining him 5th position it is clear plenty of drills and conditioning are needed to see a resurgence of his old form.

Both throwers entered the discus seeing Bell gain 7th position with 22.97m and Christian come 5th with 30.88m in the junior and senior men events respectively. Bell also recorded 3rd position in the shot with a throw of 8.17m.

Now at university in Liverpool former Manx Harrier Charlotte Christian was in action representing Liverpool Pembroke & Sefton AC in the shot putt and hammer. She swung the hammer 36.12m gaining 3rd position and an Island Games consideration distance. She also putt the shot 7.65m to finish 6th. Charlotte now hopes to build on this performance and will be looking to exceed the 40m barrier for the hammer throw sometime this season.