



CMI Parish Walk 22 & 23 June 1991

An Invitation to Compete

Did you know that the Parish Walk is one of the oldest sporting events on the Manx calendar? It was first held as a challenge between two men in the last century before being revived in 1960 as an event open to all.

What is it? It's a challenge to walk via each of the 17 Parish Churches right around the Isle of Man. The total distance is 85 miles but very few competitors get that far. For most people it is a challenge to walk as far as possible before adjourning to the nearest pub!

Everyone is considered to be a winner. Times are taken at each church and a certificate is issued showing the distance walked (to the last church where they were checked in). Computerised results sheets and analysis will be available to everyone courtesy of Skanco Business Systems.

The organisers, Boundary Harriers, welcome CMI to the event as sponsors for the second year. Thanks to their efforts the event will be promoted better than ever. There will be prizes and plaques to all finishers of the whole course and awards to the top finishers of the veterans and womens classes to Peel.

After you submit your entry, you will receive a programme and further instructions through the post.

All competitors will be invited to a prize presentation and a hot pot supper will be provided free to all on the Sunday evening 23 June.

To ensure that everyone can compete safely and fairly there are quite a number of rules to conform to, but provided that you follow them carefully, there is nothing to prevent you enjoying yourself and proving just how tough you are! There is a 24 hour time limit along the route, but that should not present any problems.

Accompanying this invitation is a map of the route, the course notes, the rules and regulations, and entry forms for both individuals and teams. We look forward to receiving your entry and seeing you at the start.

An event of this size relies on a great deal of volunteer help. If you know of anybody you would be willing to help, be it as a marshall, checker at a Church, drink dispenser or general dogsbody, please let us know by filling in the slip at the bottom of the entry form. We may not have a job for them this year, but who knows what next year might have in store.

THANK YOU

Organised by Boundary Harriers



CMI Parish Walk - Rules and Regulations

Classes

1. The mens walk is over the full 85 miles course and competitors must be over the age of 18 on the day of the walk.
2. The womens walk is over the first 32½ miles of the course to Peel.
3. The mens veteran walk is over the first 32½ miles of the course.
4. Competitors in the womens and veterans classes may continue beyond Peel provided they are under the age of 60 years. Such competitors will still be classified in their finishing order at Peel, but will in addition be included at their final finishing point. They will only be excluded from claiming their prize if they finish the whole course and thereby claim a finishers award.

Road Safety

1. Competitors must walk on the right hand side of the road ie. facing oncoming traffic at all times except where directed by marshals, when crossing the road at road junctions, where a footpath exists on the right-hand side of the road and on Douglas promenade.
2. Competitors walking after dusk must have an attendant. All attendants should choose their parking places carefully and not drive alongside walkers.
3. Competitors must not walk two or more abreast. Attendants should walk behind the competitor when supplying drinks etc.
4. Competitors must wear white or reflective coloured clothing above the waist at all times. Their race numbers will be issued with reflective patches and these must be worn above the waist. Wherever possible additional reflective materials should be displayed if walking after dark eg. on hats and shoes. Attendants should take similar precautions.

Failure to comply with road safety regulations will lead to disqualification without warning.



CMI Parish Walk - Route Description

Villa Marina Gardens, Douglas

The race starts at 11.30. Proceed to the rear of the Gaiety Theatre then along Finch Road to Government Offices. Turn right up Prospect Hill, left into Circular Road and continue along the main road past the Quarter Bridge to Braddan Church.

Braddan Church (Distance - 2 miles; Race leader about 11.50)

All walkers check in by touching the church gate (as they must at each Church). The walk then proceeds along the TT course to Marown Church.

Marown Church (4.5 miles; 12.10)

Reverse direction and take the Glendarragh Road, the first turning on the right. Follow this road to the Braaid crossroads. Go straight ahead at this junction and turn left at the next junction in about $\frac{1}{4}$ mile. Follow the Clannagh road until this joins the main Douglas to Castletown Road. Turn right, passing the Lancashire Hotel. Take extra care when crossing this road (only cross on the instructions of the marshals) before turning left at the Oatlands Road, first turn after the Lancashire Hotel). Turn right at the end of this road and follow the Old Castletown road until Santon Church is signposted on the left. Follow this road to the church.

Santon Church (11.5 miles; 1.25)

Reverse direction to the Old Castletown road and turn left and follow the Old Castletown Road to the Blackboards (the junction with the main road). Turn left and proceed South to Ballasalla. Turn right at the Whitestone Inn and left at the roundabout then follow this road to Cross Four Ways. Turn left at this junction and continue to the main gate at Malew Church.

Malew Church (15 miles; 2.30)

Retrace steps to Cross Four Ways and turn left until the road reaches the junction at Ballabeg. Turn right and proceed for about $\frac{1}{2}$ a mile to Arbory Church.

Arbory Church (17 miles; 2.20)

Follow the main road until Ballakillowey crossroads and turn left in the direction of Port St Mary until the checkpoint at Rushen Church.

Rushen Church (19½ miles; 2.45)

Retrace steps to the crossroads and take the mountain road past the Sloc in the Peel direction. After this long climb, turn left at the Round Table crossroads towards Dalby. On arrival at Patrick, turn right for about 100 yards to Patrick Church.

Patrick Church (30½ miles; 4.30)

Retrace steps to Peel Road turn right and walk towards Peel. On arrival at Peel continue along the Glenfaba Road and Patrick Street until a Stop sign is reached. Continue straight ahead through Market Place and then turn right and left into Michael Street. At the Atholl Place junction proceed into Derby road to the Town Hall on the left.

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