

BOUNDARY HARRIERS (IOM) A. C.

PARISH ROAD WALK 8 5 MILES SATURDAY
(Under A.A.A. and R.W.A. Rules

START: - VILLA MARINA ARCADE. LADIES 2.30pm MEN 3.00pm.

SPONSORED BY MYLCHREESTS

Awards :- MEN Winner-Parish Walk Trophy and prize. Prizes to second and third. Plaques, finishers' badges and certificates to all finishers.

LADIES :- Boundary Harriers Cup for the most meritorious performance, and awards to the second and third best. finishers 8 badges and certificates to all finishers to PEEL.

VETERANS ;) Jimmy Quinney Cup for the most meritorious performance. Prizes to the second and third best. Finishers' badges and certificates to all finishers to PEEL.

MURRAY LAMBDEN CUP:- To be awarded for the best performance by a male walker aged between 18 and 20 years (inclusive) on the date of the walk.

TEAM AWARDS:- WALKING OR ATHLETIC CLUBS -MEN:- Best aggregate Distance of three team members.

NON-WALKING CLUBS OR GROUPS-MEN:- Ditto

LADIES WALKING/NON-WALKING CLUBS:- Teams of three/four.

Best AGGREGATE TIME of first THREE to Peel

S A F E T Y

COMPETITORS SHALL WALK ON THEIR RIGTH HAND SIDE OF THE ROAD i.e. FACING ON-COMING TRAFFIC AND WILL WEAR REFLECTIVE PATCHES BOTH BACK AND FRONT DURING THE HOURS OF FADING LIGHT AND DARKNESS. THESE PATCHES MUST NOT BE OBSCURED BY ITEMS OF CLOTHING.

C A R D R I V E R S must NOT follow closely behind competitors nor precede in front of the competitors, and they are asked to drive with care and consideration.

THEY ARE ALSO REQUESTED NOT TO MAKE AN UNDUE NOISE AT CHECK POINTS BY SLAMMING CAR DOORS AND USING RADIO SETS ESPECIALLY FROM KIRK MICHAEL ONWARDS THROUGH SUBSEQUENT CHECK POINTS THROUGHOUT THE NIGHT.

T I M E L I M I T S

RUSHEN:- 5 hours MEN $5\frac{1}{2}$ hours Ladies BRIDE:- 15 hours all walkers
PEEL:- 9 hours MEN $9\frac{1}{2}$ Hours LADIES FINISH:- 24 hours all walkers.

APPROXIMATE TIME RANGES OF CHECKING DUTIES AT THE SEVENTEEN CHURCHES.

PARISH CHURCH	PARISH CHURCH	PARISH CHURCH	
*1. BRADDAN (2 miles)	3.20 to 3.30 pm	10. BALLAUGH (42 Miles)	10.15pm to 2.00am
*2. MAROWN (4 $\frac{1}{2}$)	3.40 to 4.15pm	11. JURBY (45 $\frac{1}{2}$)	11.00pm to 3.00am
*3. SANTAN (11 $\frac{1}{2}$)	4.55 to 5.50pm	12. BRIDE (52 $\frac{1}{2}$)	12.15am to 6.00am
4. MALEW (15)	5.00 to 6.50pm	13. ANDREAS (55 $\frac{1}{2}$)	12.45am to 6.30am
5. ARBORY (17)	5.15 to 7.30pm	14. LEZAYRE (62)	1.50am to 7.40am
6. RUSHEN (19 $\frac{1}{2}$)	5.45 to 8.10pm	15. MAUGHOLD (67)	2.35am to 9.00am
7. PATRICK (30 $\frac{1}{2}$)	8.00 to 11.25pm	16. LONAN (78 $\frac{1}{2}$)	4.40am to 11.30am
8. PEEL (32 $\frac{1}{2}$)	8.00 to Midnight	17. ONCHAN (83)	5.35am to 1.00pm
9. MICHAEL (39)	9.40 to 1.20am	FINISH (85)	6.15am to 2.00pm

* LADIES starting at 2.30pm will be correspondingly earlier at these points.

T H A N K S

The Organisers wish to thank our sponsors, Messrs. MYLCHREESTS for their help, and also all voluntary helpers, checkers, marshals, Civil Defence personnel, the St. John Ambulance Brigade, The Rushen Emergency Ambulance and the Police and many others without whom this annual event could not be run successfully.

