

Ascot Hotel Manx Harriers Open 1980 to 2014

Pos	Forename	Surname	Club / Country	Time	Year	Distance	Type
1	Colin	Moore	Bingley Harriers	0:30:19	2000	10km	RM
1	Steve	Green	Bingley Harriers	0:30:21	2002	10km	RM
1	Paul	Freary	Bolton United Harriers	0:30:37	1998	10km	RM
2	Bashir	Hussain	Stockport Harriers	0:30:39	1998	10km	RM
2	Colin	Moore	Bingley Harriers	0:30:49	2002	10km	RM
2	Steve	Green	Bingley Harriers	0:30:51	2000	10km	RM
1	Kevin	Loundes	Manx Harriers	0:30:55	2010	10km	RM
1	Peter	Banks	Blackburn Harriers	0:31:06	1996	10km	RM
2	Robert	Berry		0:31:11	1996	10km	RM
1	Bernie	Plain	Cardiff	0:31:19	1983	10km	RM
3	Paul	Freary	Belgrave Harriers	0:31:19	2000	10km	RM
4	Andy	Parker	Bolton United Harriers	0:31:26	2000	10km	RM
3	Larry	Matthews	Salford Harriers	0:31:32	1998	10km	RM
3	Kevin	Taylor		0:31:41	1996	10km	RM
2	Dave	Newton	Manx AC	0:32:19	1983	10km	RM
4	Paul	Clarke	Manx Harriers	0:32:26	1996	10km	RM
4	Chris	Quine	Manx Harriers	0:32:53	1998	10km	RM
3	Chris	Quine	Manx AC	0:33:00	1983	10km	RM
5	Rick	Hayman	Bolton United Harriers	0:33:08	2000	10km	RM
3	Chris	Quine	Manx Harriers	0:33:12	2002	10km	RM
5	Chris	Quine	Manx Harriers	0:33:15	1996	10km	RM
2	Chris	Bracken	Thurles Crokes	0:33:15	2010	10km	RM
6	Paul	Clarke	Manx Harriers	0:33:26	2000	10km	RM
1	Andy	Barron	Manx Harriers	0:33:27	2013	10km	RM
3	Martin	Malone	Manx Harriers	0:33:32	2010	10km	RM
2	Alan	Corlett	Manx Harriers	0:33:35	2013	10km	RM
7	Chris	Quine	Manx Harriers	0:33:37	2000	10km	RM
4	Paul	Clarke	Manx AC	0:33:49	1983	10km	RM
5	Paul	Clarke	Manx Harriers	0:33:52	1998	10km	RM
6	Ray	Cox	Manx Harriers	0:33:57	1996	10km	RM
1	Martin	Malone	Manx Harriers	0:33:57	2011	10km	RM
8	Larry	Matthews	Salford Harriers	0:33:58	2000	10km	RM
2	Edward	Gumbley	Manx Harriers	0:33:59	2011	10km	RM
3	Mike	Garrett	Manx Harriers	0:34:00	2013	10km	RM
4	Edward	Gumbley	Manx Harriers	0:34:05	2010	10km	RM

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Pos	Forename	Surname	Club / Country	Time	Year	Distance	Type
6	Keith	Callister	Manx Harriers	0:34:08	1998	10km	RM
7	Paul	Curphey	Manx Harriers	0:34:12	1996	10km	RM
9	Andy	Fox	Manx Harriers	0:34:19	2000	10km	RM
1	Paul	Clarke	Manx Harriers	0:34:21	2007	10km	RM
3	Mike	Garrett	Manx Harriers	0:34:39	2011	10km	RM
4	Edward	Gumbley	Manx Harriers	0:34:40	2013	10km	RM
4	Ian	Gale	IOM Fell Runners	0:34:40	2002	10km	RM
1	Jamie	Newton	Unattached	0:34:45	2014	10km	RM
5	Darren	Bell	Manx Tri Club	0:34:47	2010	10km	RM
10	Bernard	Cannan	Northern AC	0:34:48	2000	10km	RM
2	Andrew	Nash	Manx Tri Club	0:34:48	2014	10km	RM
5	Phil	Cain	Boundary Harriers	0:34:50	1983	10km	RM
4	Andy	Barron	Manx Harriers	0:34:51	2011	10km	RM
11	Peter	Kaneen	Manx Harriers	0:34:51	2000	10km	RM
7	Paul	Curphey	Manx Harriers	0:34:52	1998	10km	RM
5	Ben	Corkill	Manx Fell Runners	0:34:55	2013	10km	RM
8	Murray	Lambden	Manx Harriers	0:34:57	1998	10km	RM
6	Steve	Parkinson	Boundary Harriers	0:35:11	1983	10km	RM
6	Andy	Barron	Manx Harriers	0:35:12	2010	10km	RM
5	Paul	Curphey	Manx Harriers	0:35:13	2002	10km	RM
7	Mike	Garrett	Manx Harriers	0:35:13	2010	10km	RM
1	Gianni	Epifani	Manx Harriers	0:35:16	2008	10km	RM
6	Murray	Lambden	Manx Harriers	0:35:17	2002	10km	RM
8	Richard	Radcliffe	Northern AC	0:35:19	1996	10km	RM
1	Mike	Garrett	Manx Harriers	0:35:20	2006	10km	RM
2	Ben	Scott	Western AC	0:35:21	2008	10km	RM
5	Gianni	Epifani	Manx Harriers	0:35:22	2011	10km	RM
1	Murray	Lambden	Manx Harriers	0:35:24	2005	10km	RM
1	Paul	Curphey	Manx Harriers	0:35:26	2004	10km	RM
7	Ian	Callister	Manx AC	0:35:27	1983	10km	RM
9	Bernard	Cannan	Northern AC	0:35:29	1996	10km	RM
3	Mike	Garrett	Manx Harriers	0:35:30	2008	10km	RM
12	Keiron	Murray	Manx Harriers	0:35:32	2000	10km	RM
8	John	Comaish	Southern AC	0:35:33	1983	10km	RM
7	Mark	Preston	Manx Harriers	0:35:34	2002	10km	RM

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Pos	Forename	Surname	Club / Country	Time	Year	Distance	Type
2	Murray	Lambden	Manx Harriers	0:35:34	2006	10km	RM
8	Glenn	Butterworth	Manx Harriers	0:35:35	2002	10km	RM
10	Andrew	Garrett	Manx Harriers	0:35:36	1996	10km	RM
13	Murray	Lambden	Manx Harriers	0:35:36	2000	10km	RM
9	Richard	Radcliffe	Northern AC	0:35:39	1998	10km	RM
11	Murray	Lambden	Manx Harriers	0:35:40	1996	10km	RM
2	Murray	Lambden	Manx Harriers	0:35:43	2004	10km	RM
1	Jackie	Ashman	Manx Harriers	0:35:45	1998	10km	RW
9	Colin	Halsall	Manx AC	0:35:46	1983	10km	RM
3	Chris	Kneen	Western A:C:	0:35:46	2014	10km	RM
6	Jason	Moore	Western AC	0:35:49	2013	10km	RM
4	Tom	Hughes	Manx Fell Runners	0:35:49	2014	10km	RM
9	Bernard	Cannan	Northern AC	0:35:54	2002	10km	RM
3	Nigel	Armstrong	Manx Harriers	0:35:54	2006	10km	RM
8	Murray	Lambden	Manx Harriers	0:35:56	2010	10km	RM
7	Ben	Scott	Western AC	0:35:56	2013	10km	RM
1	Karen	Rushton	Manx Harriers	0:36:00	1996	10km	RW
10	Darren	Gray	Manx Harriers	0:36:00	2002	10km	RM
2	Nick	Percival	Manx Harriers	0:36:00	2005	10km	RM
8	Jamie	Newton	Unattached	0:36:10	2013	10km	RM
2	Kevin	Vondy	Northern AC	0:36:13	2007	10km	RM
4	Martin	Malone	Manx Tri Club	0:36:14	2008	10km	RM
3	Andy	Bell	Unattached	0:36:19	2005	10km	RM
4	Andy	Bell	Manx Tri Club	0:36:20	2006	10km	RM
9	Chris	Quine	Manx Harriers	0:36:20	2010	10km	RM
2	Jackie	Newton	Stockport Harriers	0:36:21	1998	10km	RW
14	Peter	Hughes	Northern AC	0:36:21	2000	10km	RM
9	Andrew	Nash	Manx Tri Club	0:36:21	2013	10km	RM
5	Ben	Scott	Western AC	0:36:24	2006	10km	RM
3	Andy	Bell	Manx Tri Club	0:36:29	2007	10km	RM
6	Tony	Okell	Manx Fell Runners	0:36:29	2011	10km	RM
4	Keiron	Murray	Manx Harriers	0:36:32	2005	10km	RM
12	Alan	Postlethwaite	Northern AC	0:36:34	1996	10km	RM
10	Chris	Kneen	Western AC	0:36:34	2013	10km	RM
5	Paul	Curphey	Manx Harriers	0:36:36	2005	10km	RM

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Pos	Forename	Surname	Club / Country	Time	Year	Distance	Type
3	Bernard	Cannan	Northern AC	0:36:38	2004	10km	RM
7	Kevin	Deakes	Northern AC	0:36:40	2011	10km	RM
10	Terry	Bates	IOM Veteran Athletes Club	0:36:41	1998	10km	RM
10	Richie	Stephenson	Boundary Harriers	0:36:42	1983	10km	RM
4	Martin	Malone	Unattached	0:36:47	2007	10km	RM
5	Russell	Collister	Manx Harriers	0:36:47	2008	10km	RM
13	Steve	Kelly	Northern AC	0:36:50	1996	10km	RM
11	Phil	Robinson	Manx Harriers	0:36:53	2002	10km	RM
11	Tony	Rowley	Manx AC	0:36:54	1983	10km	RM
11	Kevin	Deakes	Northern AC	0:36:55	2013	10km	RM
12	Alan	Postlethwaite	Northern AC	0:36:59	2002	10km	RM
12	John	Wilkinson	Boundary Harriers	0:37:01	1983	10km	RM
5	Matthew	Glennon	Mullingar Harriers	0:37:01	2014	10km	RM
14	Phil	Cain	Northern AC	0:37:02	1996	10km	RM
6	Ian	Goatman	Manx Fell Runners	0:37:03	2014	10km	RM
2	Ann	O'Kearney-Flynn	Ireland	0:37:05	1996	10km	RW
6	Paul	Curphey	Manx Harriers	0:37:05	2006	10km	RM
8	Richard	Radcliffe	Northern AC	0:37:09	2011	10km	RM
4	Dave	Newton	Manx Harriers	0:37:09	2004	10km	RM
15	Ian	Crawford	IOM Veteran Athletes Club	0:37:12	2000	10km	RM
9	Paul	Cawley	Manx Fell Runners	0:37:12	2011	10km	RM
7	Kevin	Vondy	Northern AC	0:37:13	2006	10km	RM
5	Alan	Postlethwaite	Northern AC	0:37:15	2004	10km	RM
8	Tim	Watt	Steyning AC	0:37:17	2006	10km	RM
12	Shaun	Moore	Western AC	0:37:18	2013	10km	RM
11	Mike	Gellion	IOM Veteran Athletes Club	0:37:21	1998	10km	RM
6	Ben	Scott	Western AC	0:37:23	2005	10km	RM
13	Mike	Garrett	Unattached	0:37:27	2002	10km	RM
10	Kevin	Vondy	Northern AC	0:37:28	2010	10km	RM
10	Nigel	Quaye	Manx Tri Club	0:37:30	2011	10km	RM
13	Dougie	Corkill	Boundary Harriers	0:37:33	1983	10km	RM
13	Matthew	Glennon	Mullingar Harriers	0:37:36	2013	10km	RM
6	Andy	Bell	Manx Tri Club	0:37:39	2008	10km	RM
12	Donal	Gilman	Western AC	0:37:47	1998	10km	RM
14	Phil	Motley	IOM Veteran Athletes Club	0:37:51	2002	10km	RM

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14	Ian	Goatman	Manx Fell Runners	0:37:53	2013	10km	RM
7	Alan	Postlethwaite	Northern AC	0:37:57	2005	10km	RM
9	Chris	Kneen	Western AC	0:37:58	2006	10km	RM
14	Tony	Conway	Boundary Harriers	0:37:59	1983	10km	RM
10	Martin	Malone	Unattached	0:38:03	2006	10km	RM
8	Andy	Gosnell	IOM Veteran Athletes Club	0:38:05	2005	10km	RM
7	Paul	Rodgers	Manx Fell Runners	0:38:05	2014	10km	RM
16	Mark	Preston	Unattached	0:38:11	2000	10km	RM
8	Robbie	Callister	Isle of Man Veterans	0:38:13	2014	10km	RM
11	Edward	Gumbley	Manx Harriers	0:38:19	2006	10km	RM
1	Jackie	Ashman	Manx Harriers	0:38:20	2000	10km	RW
6	Richard	Radcliffe	Northern AC	0:38:26	2004	10km	RM
12	Christian	Varley	Unattached	0:38:26	2006	10km	RM
5	John	Hempsall	Manx Tri Club	0:38:29	2007	10km	RM
7	Kevin	Vondy	Northern AC	0:38:30	2004	10km	RM
15	Peter	Cooper	IOM Veteran Athletes Club	0:38:32	1996	10km	RM
8	Paul	Cubbon	IOM Veteran Athletes Club	0:38:32	2004	10km	RM
13	Neill	Whyte	Unattached	0:38:35	2006	10km	RM
17	Peter	Cooper	IOM Veteran Athletes Club	0:38:37	2000	10km	RM
9	Jonny	Hynes	Manx Fell Runners	0:38:37	2014	10km	RM
18	Dave	Corrin	Manx Harriers	0:38:38	2000	10km	RM
7	Juan	Kinley	Manx Tri Club	0:38:42	2008	10km	RM
11	Kevin	Deakes	Northern AC	0:38:42	2010	10km	RM
9	Darragh	Hassett	Unattached	0:38:45	2005	10km	RM
9	Dave	Newton	Manx Harriers	0:38:45	2005	10km	RM
8	Gavin	Quayle	Manx Tri Club	0:38:48	2008	10km	RM
11	Jason	Moore	Western AC	0:38:48	2011	10km	RM
14	Andy	Gosnell	IOM Veteran Athletes Club	0:38:49	2006	10km	RM
16	Ray	Taubman	Western AC	0:38:50	1996	10km	RM
15	Kevin	Shimell	Manx Harriers	0:38:51	2002	10km	RM
17	Jack	Murphy	Manx Harriers	0:38:52	1996	10km	RM
15	Murray	Lambden	Manx Harriers	0:38:52	2013	10km	RM
9	Cain	Bradley	Tonbridge A C	0:38:55	2008	10km	RM
9	Andy	Page	Unattached	0:38:56	2004	10km	RM
10	Mike	Gellion	IOM Veteran Athletes Club	0:38:58	2004	10km	RM

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Pos	Forename	Surname	Club / Country	Time	Year	Distance	Type
15	Norman	Neilson	Manx AC	0:39:00	1983	10km	RM
18	Luke	Bourgaize		0:39:02	1996	10km	RM
6	Gavin	Quayle	Manx Tri Club	0:39:07	2007	10km	RM
12	Kevin	Vondy	Northern AC	0:39:15	2011	10km	RM
16	Peter	Cooper	IOM Veteran Athletes Club	0:39:17	2002	10km	RM
17	Nigel	Sinclair	Manx Harriers	0:39:19	2002	10km	RM
15	Robbie	Lambie	Western AC	0:39:19	2006	10km	RM
19	Alan	Postlethwaite	Northern AC	0:39:21	2000	10km	RM
11	Robbie	Lambie	Western AC	0:39:22	2005	10km	RM
16	Stephen	Brown	IOM Veteran Athletes Club	0:39:27	2006	10km	RM
12	Richard	Radcliffe	Northern AC	0:39:27	2010	10km	RM
19	Terry	Bates	IOM Veteran Athletes Club	0:39:28	1996	10km	RM
13	Alan	Sandford	IOM Veteran Athletes Club	0:39:29	2011	10km	RM
17	Steve	Hull	Manx Harriers	0:39:38	2006	10km	RM
14	Jamie	Newton	Unattached	0:39:39	2011	10km	RM
10	Jim	MacGregor	Unattached	0:39:40	2014	10km	RM
20	Graham	Stigant	Northern AC	0:39:40	2000	10km	RM
11	Richard	Cooil	Unattached	0:39:43	2004	10km	RM
11	Mark	Murphy	Manx Fell Runners	0:39:44	2014	10km	RM
18	Allan	Corran	Western AC	0:39:45	2002	10km	RM
15	Barry	Moore	Western AC	0:39:45	2011	10km	RM
18	Richard	Orton	Manx Harriers	0:39:46	2006	10km	RM
7	James	Moffett	Unattached	0:39:46	2007	10km	RM
8	Mike	Gellion	IOM Veteran Athletes Club	0:39:48	2007	10km	RM
19	Natalie	Wood	Unattached	0:39:51	2006	10km	RW
12	Natalie	Wood	Unattached	0:39:52	2005	10km	RW
20	Tony	Duke	Manx Harriers	0:39:53	1996	10km	RM
10	Kevin	Deakes	Northern AC	0:39:56	2008	10km	RM
19	Thomas	Davies	Manx Harriers	0:39:56	2002	10km	RM
20	Neil	Wilson	Unattached	0:39:57	2006	10km	RM
12	Robbie	Lambie	Western AC	0:39:59	2004	10km	RM
13	Jackie	Lee	Manx Fell Runners	0:40:00	2010	10km	RW
16	Alan	Pilling	Manx AC	0:40:05	1983	10km	RM
14	Neil	Wilson	IOM Veteran Athletes Club	0:40:08	2010	10km	RM
20	Paul	Trees	IOM Veteran Athletes Club	0:40:10	2002	10km	RM

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13	Mark	Corkish	Manx Harriers	0:40:11	1998	10km	RM
21	Alan	Bagley	Manx Harriers	0:40:11	2000	10km	RM
9	Barry	Arnold	Manx Tri Club	0:40:11	2007	10km	RM
16	Lee	Worsfold	Unattached	0:40:11	2013	10km	RM
17	Nigel	Maddocks	Manx Fell Runners	0:40:12	2013	10km	RM
15	Alan	Sandford	IOM Veteran Athletes Club	0:40:15	2010	10km	RM
21	Mark	Bridson	Northern AC	0:40:16	1996	10km	RM
13	Richard	Sille	Manx Harriers	0:40:16	2005	10km	RM
11	Neil	Wilson	IOM Veteran Athletes Club	0:40:18	2008	10km	RM
22	Roger	Moughtin	Western AC	0:40:20	1996	10km	RM
16	Mike	Gellion	IOM Veteran Athletes Club	0:40:20	2010	10km	RM
22	Stan	Hall	Manx Harriers	0:40:21	2000	10km	RM
16	Shaun	Moore	Western AC	0:40:24	2011	10km	RM
13	Paul	Trees	IOM Veteran Athletes Club	0:40:26	2004	10km	RM
12	Jacqueline	Taggart	Manx Fell Runners	0:40:28	2014	10km	RW
14	Dave	Maddrell	IOM Veteran Athletes Club	0:40:30	2004	10km	RM
10	Eve	O'Hare	Manx Tri Club	0:40:30	2007	10km	RW
14	Mike	Gellion	IOM Veteran Athletes Club	0:40:31	2005	10km	RM
18	Caroline	Mayers	Manx Harriers	0:40:32	2013	10km	RW
15	Neville	Jewell	Manx Harriers	0:40:37	2004	10km	RM
17	James	Moffett	Manx Harriers	0:40:42	2011	10km	RM
17=	Barry	Moore	Western AC	0:40:43	2010	10km	RM
17=	Alan	Postlethwaite	Northern AC	0:40:43	2010	10km	RM
21	Bernard	Cannan	Northern AC	0:40:46	2006	10km	RM
11	Sarah	Jackson	Liverpool Harriers	0:40:50	2007	10km	RW
12	Alan	Postlethwaite	Northern AC	0:40:52	2008	10km	RM
15	Antony	Bell-Scott	Unattached	0:40:56	2005	10km	RM
19	Barry	Moore	Western AC	0:41:00	2013	10km	RM
16	Mark	Redmayne	Western AC	0:41:08	2005	10km	RM
13	Graham	Stigant	IOM Veteran Athletes Club	0:41:09	2008	10km	RM
18	Stephen	Brown	IOM Veteran Athletes Club	0:41:9	2011	10km	RM
14	Mike	Gellion	IOM Veteran Athletes Club	0:41:10	2008	10km	RM
21	Gary	Harrison	Northern AC	0:41:12	2002	10km	RM
16	Adrian	Harrison	Northern AC	0:41:13	2004	10km	RM
22	Paul	Swindale	Manx Tri Club	0:41:13	2006	10km	RM

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23	Alan	Pilling	IOM Veteran Athletes Club	0:41:14	1996	10km	RM
23	David	Isherwood	Manx Harriers	0:41:14	2006	10km	RM
24	Eve	Wengradt	Unattached	0:41:15	2006	10km	RW
15	David	Isherwood	Manx Harriers	0:41:17	2008	10km	RM
25	Alan	Sandford	Unattached	0:41:17	2006	10km	RM
16	Stephen	Brown	Unattached	0:41:19	2004	10km	RM
19	Peter	Cooper	IOM Veteran Athletes Club	0:41:20	2010	10km	RM
1	Jane	Mooney	Manx Harriers	0:41:21	2002	10km	RW
20	Stephen	Kennaugh	Manx Fell Runners	0:41:21	2013	10km	RM
17	Neil	Wilson	Unattached	0:41:23	2005	10km	RM
26	Phil	Motley	IOM Veteran Athletes Club	0:41:23	2006	10km	RM
19	Sean	Barrago	Unattached	0:41:24	2011	10km	RM
1	Gail	Griffiths	Manx Harriers	0:41:30	2008	10km	RW
23	Andrew	Garrett	Manx Harriers	0:41:33	2000	10km	RM
21	Peter	Callin	Western AC	0:41:39	2013	10km	RM
12	Samantha	Cowen	Manx Harriers	0:41:41	2007	10km	RW
18	Robert	Quirk	Unattached	0:41:44	2005	10km	RM
22	Stephen	Brown	IOM Veteran Athletics Club	0:41:46	2013	10km	RM
20	Rosie	Craine	Manx Harriers	0:41:47	2010	10km	RW
3	Jane	Mooney	Manx Harriers	0:41:47	1996	10km	RW
22	Stephen	Brown	Unattached	0:41:51	2002	10km	RM
13	Stephen	Brown	Isle of Man Veterans	0:41:51	2014	10km	RM
1	Gill	Churcher	IOM Veteran Athletes Club	0:41:53	2004	10km	RW
20	Dom	Winrow	Unattached	0:42:0	2011	10km	RM
19	Paul	Swindale	Unattached	0:42:02	2005	10km	RM
20	Niall	McGarrigle	Unattached	0:42:05	2005	10km	RM
13	Paul	Flanders	Unattached	0:42:05	2007	10km	RM
14	Robbie	Lambie	Western AC	0:42:05	2007	10km	RM
15	Sarah	Nelson	Manx Harriers	0:42:06	2007	10km	RW
2	Sarah	Nelson	Manx Harriers	0:42:06	2008	10km	RW
23	Lawrence	Dyer	Northern AC	0:42:07	2002	10km	RM
16	Barry	Moore	Western AC	0:42:07	2008	10km	RM
24	Alan	Bagley	Manx Harriers	0:42:11	2002	10km	RM
27	Sarah	Nelson	Manx Harriers	0:42:11	2006	10km	RW
28	Catriona	Dryden	Unattached	0:42:12	2006	10km	RW

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24	Lawrence	Dyer	Northern AC	0:42:18	2000	10km	RM
17	Bernard	Cannan	Northern AC	0:42:18	2008	10km	RM
29	Les	Brown	Manx Harriers	0:42:20	2006	10km	RM
25	Ray	Taubman	IOM Veteran Athletes Club	0:42:22	2000	10km	RM
14	Alan	Pilling	IOM Veteran Athletes Club	0:42:24	1998	10km	RM
2	Julie	Harrison	Manx Harriers	0:42:25	2004	10km	RW
16	Brian	MacFarlane	Manx Tri Club	0:42:27	2007	10km	RM
21	Mike	Gellion	IOM Veteran Athletes Club	0:42:29	2011	10km	RM
25	Malcolm	Cowin		0:42:30	2002	10km	RM
3	Rose	Hooton	IOM Veteran Athletes Club	0:42:31	1998	10km	RW
17	Catriona	Dryden	Manx Tri Club	0:42:32	2007	10km	RW
18	Alan	Corkill	Manx Harriers	0:42:35	2004	10km	RM
14	Joseph	Ricciardi	Manx Tri Club	0:42:36	2014	10km	RM
22	Fionn	Geddes	Unattached	0:42:37	2011	10km	RM
21	Alan	Corkill	Unattached	0:42:41	2005	10km	RM
24	Paul	White		0:42:43	1996	10km	RM
18	Rob	Gillanders	IOM Veteran Athletes Club	0:42:51	2007	10km	RM
19	Lewis	Veale	IOM Veteran Athletes Club	0:42:53	2007	10km	RM
22	Eve	Wengradt	Unattached	0:42:54	2005	10km	RW
19	Kevin	Wynee-Smythe	Manx Harriers	0:43:00	2004	10km	RM
23	Peter	Cooper	IOM Veteran Athletics Club	0:43:00	2013	10km	RM
24	John	Sansom	Unattached	0:43:03	2013	10km	RM
26	Alan	Pilling	IOM Veteran Athletes Club	0:43:11	2000	10km	RM
18	Niall	McGarrigle	Manx Fell Runners	0:43:17	2008	10km	RM
19	Aaron	Quinn	Unattached	0:43:18	2008	10km	RM
23	Sarah	Nelson	Manx Harriers	0:43:35	2005	10km	RW
24	Lynne	McEvoy	Unattached	0:43:37	2005	10km	RW
25	Neville	Jewell	Manx Fell Runners	0:43:38	2013	10km	RM
25	Martin	Hesketh	Steyning AC	0:43:43	2005	10km	RM
30	Rob	Gillanders	IOM Veteran Athletes Club	0:43:47	2006	10km	RM
15	David	Murray	Unattached	0:43:56	2014	10km	RM
26	Joanna	Hall	IOM Veteran Athletics Club	0:43:57	2013	10km	RW
16	Charlie	Whipp	Manx Fell Runners	0:44:00	2014	10km	RM
17	Andrew	Wilkinson	Manx Harriers	0:44:02	2014	10km	RM
23	Rob	Gillanders	IOM Veteran Athletes Club	0:44:3	2011	10km	RM

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Pos	Forename	Surname	Club / Country	Time	Year	Distance	Type
27	Ken	Watterson	IOM Veteran Athletes Club	0:44:05	2000	10km	RM
20	Matt	Cowpe	Unattached	0:44:12	2007	10km	RM
24	Frank	Lynch	Clonmel A:C:	0:44:14	2011	10km	RM
28	Stephen	Brown	Unattached	0:44:20	2000	10km	RM
26	Alan	Pilling	IOM Veteran Athletes Club	0:44:23	2002	10km	RM
29	Kevin	Martin	Northern AC	0:44:24	2000	10km	RM
27	Les	Brown	Manx Harriers	0:44:26	2013	10km	RM
20	Rob	Gillanders	Knivesmire	0:44:28	2004	10km	RM
27	Paul	Jackson	Unattached	0:44:29	2002	10km	RM
2	Jennifer	Morris	Unattached	0:44:33	2002	10km	RW
28	Peter	Morris	Unattached	0:44:33	2002	10km	RM
21	Dawn	Yates	Manx Harriers	0:44:33	2007	10km	RW
18	Helen	Taylor	Western A:C:	0:44:37	2014	10km	RW
3	Lynne	Johns	Unattached	0:44:40	2002	10km	RW
22	Barry	Moore	Western AC	0:44:40	2007	10km	RM
26	Catriona	Dryden	Unattached	0:44:42	2005	10km	RW
31	Gail	Musson	Manx Harriers	0:44:44	2006	10km	RW
4	Wendy	Ross	Manx Harriers	0:44:50	2002	10km	RW
32	David	Craine	Manx Harriers	0:44:50	2006	10km	RM
27	Jane	Mooney	Manx Harriers	0:44:56	2005	10km	RW
19	Kevin	Vondy	Northern A:C:	0:45:01	2014	10km	RM
19	Chris	Cale	Unattached	0:45:04	2004	10km	RM
28	Phil	Motley	IOM Veteran Athletics Club	0:45:05	2013	10km	RM
20	Jason	Cochrane	Western A:C:	0:45:05	2014	10km	RM
22	Alan	Pilling	IOM Veteran Athletes Club	0:45:13	2004	10km	RM
25	Ferran	Munro-Lopez	Unattached	0:45:16	2011	10km	RM
26	Les	Brown	Manx Harriers	0:45:23	2011	10km	RM
27	Emma	McMullan	Unattached	0:45:24	2011	10km	RW
28	Wendy	Ross	Manx Harriers	0:45:25	2005	10km	RW
28	Dave	Corrin	IOM Veteran Athletes Club	0:45:28	2011	10km	RM
33	Alan	Pilling	IOM Veteran Athletes Club	0:45:29	2006	10km	RM
29	Richard	Hill	Manx Harriers	0:45:32	2011	10km	RM
4	Ann	Cain	IOM Veteran Athletes Club	0:45:36	1998	10km	RW
21	Kevin	Groom	Manx Fell Runners	0:45:37	2010	10km	RM
29	Dermot	Hamill	Unattached	0:45:38	2005	10km	RM

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Pos	Forename	Surname	Club / Country	Time	Year	Distance	Type
24	Andy	Squires	Unattached	0:45:41	2004	10km	RM
5	Shirley	Moore	Manx Harriers	0:45:44	2002	10km	RW
6	Micky	Kelly	Unattached	0:45:45	2002	10km	RW
23	Garry	Ross	IOM Veteran Athletes Club	0:45:45	2007	10km	RM
29	Alan	Gault	IOM Veteran Athletes Club	0:45:46	2002	10km	RM
29	Lynsey	Elliot	Unattached	0:45:47	2013	10km	RM
30	David	Isherwood	Unattached	0:45:49	2005	10km	RM
30	Ciara	Kaneen	Manx Harriers	0:45:50	2011	10km	RW
20	David	Anderson	Manx Harriers	0:45:53	2008	10km	RM
15	Grant	Fisher	Unattached	0:45:54	1998	10km	RM
31	Janine	Cringle	Unattached	0:45:55	2005	10km	RW
31	Christine	O'Hanlon	Unattached	0:45:55	2011	10km	RW
16	Mark	Byrne	Sheffield United	0:45:57	1998	10km	RM
21	Garry	Ross	IOM Veteran Athletes Club	0:45:58	2008	10km	RM
34	Diane	Shimmin	Manx Harriers	0:46:00	2006	10km	RW
30	Alan	Hollingsworth	Unattached	0:46:07	2002	10km	RM
25	Brian	Thompson	Reading Road Runners	0:46:09	2004	10km	RM
32	Nigel	Maddocks	Unattached	0:46:10	2011	10km	RM
31	James	Coulson	IOM Veteran Athletes Club	0:46:16	2002	10km	RM
24	Wendy	Ross	Manx Harriers	0:46:16	2007	10km	RW
22	Robbie	Lambden	Manx Harriers	0:46:23	2010	10km	RM
32	Martin	Feely	Unattached	0:46:25	2002	10km	RM
32	Alan	Pilling	IOM Veteran Athletes Club	0:46:25	2005	10km	RM
23	Martin	Bell	Manx Harriers	0:46:28	2010	10km	RM
35	Garry	Ross	IOM Veteran Athletes Club	0:46:36	2006	10km	RM
3	Wendy	Ross	Manx Harriers	0:46:36	2008	10km	RW
36	Lawrence	Dyer	Northern AC	0:46:41	2006	10km	RM
37	Deborah	Ashe	Manx Harriers	0:46:47	2006	10km	RW
30	Dave	Tasker	IOM Veteran Athletes Club	0:46:53	2000	10km	RM
21	Ellen	Kneen	Unattached	0:46:53	2014	10km	RW
25	Marit	Zahkna	Unattached	0:46:56	2007	10km	RW
22	David	Anderson	Manx Harriers	0:47:04	2014	10km	RM
26	John	Grady	IOM Veteran Athletes Club	0:47:05	2007	10km	RM
38	Tom	Morfett	Unattached	0:47:12	2006	10km	RM
4	Victoria	Jacobsen	Unattached	0:47:14	2008	10km	RW

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Pos	Forename	Surname	Club / Country	Time	Year	Distance	Type
22	Alan	Pilling	IOM Veteran Athletes Club	0:47:30	2008	10km	RM
33	Samantha	Cowen	Unattached	0:47:41	2005	10km	RW
4	Christine	Bathgate	IOM Veteran Athletes Club	0:47:43	1996	10km	RW
5	Dot	Grainger		0:47:45	1996	10km	RW
33	Raymond	Whitfield	Unattached	0:47:50	2011	10km	RM
25	Andrew	Cubbon	Manx Harriers	0:47:53	2004	10km	RM
34	Andrew	Cubbon	Manx Harriers	0:47:57	2005	10km	RM
30	Keith	Green	Manx Harriers	0:47:58	2013	10km	RW
39	Justine	Bowen	Manx Harriers	0:48:02	2006	10km	RW
23	Martin	Bell	IOM Veteran Athletes Club	0:48:15	2008	10km	RM
7	Karen	Mansell	Unattached	0:48:18	2002	10km	RW
27	Christine	O'Hanlon	Unattached	0:48:19	2007	10km	RW
5	Marit	Zahkna	Manx Harriers	0:48:19	2008	10km	RW
35	Catreena	Price	Unattached	0:48:21	2005	10km	RW
36	Andy	Corrie	Manx Harriers	0:48:33	2005	10km	RM
37	Micky	Swindale	Unattached	0:48:34	2005	10km	RW
40	Andrew	Cubbon	Manx Harriers	0:48:42	2006	10km	RM
33	Dave	Nixon	IOM Veteran Athletes Club	0:48:49	2002	10km	RM
31	Andy	Walton	Unattached	0:48:50	2013	10km	RM
41	Simon	Cox	IOM Veteran Athletes Club	0:48:56	2006	10km	RM
24	Simon	Cox	IOM Veteran Athletes Club	0:49:03	2008	10km	RM
42	Louise	Russell	Unattached	0:49:08	2006	10km	RW
42	Adam	Russell	Unattached	0:49:08	2006	10km	RM
26	Kevin	Martin	Northern AC	0:49:13	2004	10km	RM
34	Dave	Tasker	IOM Veteran Athletes Club	0:49:14	2002	10km	RM
25	Geoff	Hall	Western AC	0:49:42	2008	10km	RM
23	Keith	Green	Manx Harriers	0:49:44	2014	10km	RM
27	Steve	Willmott	Nicosia Hash Harriers	0:49:53	2004	10km	RM
25	Mark	Byrne	Sheffield United	0:50:10	1996	10km	RM
28	Kevan	Osborn	Unattached	0:50:11	2004	10km	RM
24	Alan	Pilling	IOM Veteran Athletes Club	0:50:12	2010	10km	RM
44	Steve	Wilmott	IOM Veteran Athletes Club	0:50:15	2006	10km	RM
6	Ann	Cain	Manx Harriers	0:50:44	1996	10km	RW
38	Steve	Cain	Unattached	0:50:45	2005	10km	RM
25	Frank	Lynch	Clonmel A:C:	0:50:57	2010	10km	RM

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Pos	Forename	Surname	Club / Country	Time	Year	Distance	Type
25	Michael	Oliver	Swinford AC	0:50:57	2010	10km	RM
24	Wendy	Ross	Isle of Man Veterans	0:51:05	2014	10km	RW
6	Bethany	Clague	IOM Veteran Athletes Club	0:51:20	2008	10km	RW
26	Eric	Lee	Western AC	0:51:22	2008	10km	RM
45	Joanne	Glassey	Unattached	0:51:26	2006	10km	RW
27	Eleanor	Chapman	Manx Harriers	0:52:00	2010	10km	RW
34	Steve	Willmott	IOM Veteran Athletes Club	0:52:08	2011	10km	RM
39	Kevan	Osborn	IOM Veteran Athletes Club	0:52:09	2005	10km	RM
35	Michael	Oliver	Swinford AC	0:52:23	2011	10km	RM
2	Sue	Furner	IOM Veteran Athletes Club	0:52:30	2000	10km	RW
25	Steve	Willmott	Isle of Man Veterans	0:52:36	2014	10km	RM
46	Moirra	Hall	Western AC	0:52:37	2006	10km	RW
47	Bethany	Clague	Manx Harriers	0:52:42	2006	10km	RW
48	Julia	Furner	Unattached	0:52:45	2006	10km	RW
32	Kathleen	Cooper	Unattached	0:52:46	2013	10km	RW
26	Olive	McWade	Mullingar Harriers	0:53:00	2014	10km	RW
7	Tara	Slinger	Northern AC	0:53:08	2008	10km	RW
17	Ann	Kelly	Boundary Harriers	0:53:18	1983	10km	RW
49	Lesley	Christian	IOM Veteran Athletes Club	0:53:31	2006	10km	RW
36	Nicky	Hempsall	Unattached	0:54:10	2011	10km	RW
41	Valerie	Hamill	Unattached	0:54:30	2005	10km	RW
40	Michele	Isherwood	Unattached	0:54:30	2005	10km	RW
42	David	Butterworth	Unattached	0:54:54	2005	10km	RM
28	James	Betteridge	Unattached	0:55:01	2010	10km	RM
37	Sharon	Cheeseman	Northern AC	0:55:03	2011	10km	RW
43	Bethany	Clague	Unattached	0:55:08	2005	10km	RW
31	Gerald	Diepeveen	Unattached	0:55:17	2000	10km	RM
17	Al	Hodgson	Accrington Road Runners	0:55:31	1998	10km	RM
38	Rachel	Grace	Unattached	0:55:37	2011	10km	RW
39	Gemma	Wild	Unattached	0:55:37	2011	10km	RW
29	John	Clark	Unattached	0:56:16	2010	10km	RM
8	Barwell	Christine	Unattached	0:56:34	2002	10km	RW
3	Sally Anne	Salt	Manx Harriers	0:56:55	2004	10km	RW
28	Bethany	Clague	IOM Veteran Athletes Club	0:57:07	2007	10km	RW
4	Lyz	Moore	Unattached	0:58:13	2004	10km	RW

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Pos	Forename	Surname	Club / Country	Time	Year	Distance	Type
29	Helen	Cullen	Manx Harriers	0:59:14	2007	10km	RW
27	Geraldine	Legon	Bexley	1:02:14	2014	10km	RW
30	Signe	Catlow	Unattached	1:07:06	2007	10km	RW