

Manx runners in the 2009 Flora London Marathon

Name	Club	Charity	Number	Position	Gender	Age	Finish Time	Aggregate times				Split times				First Half	Second Half	Finish		
								10km	20km	30km	40km	10km	20km	30km	40km				Final	
Murray Lambden	Manx Harriers		25392	311		5	314	02:45:59	00:38:42	01:17:48	01:56:47	02:36:52	00:38:42	00:39:06	00:38:59	00:40:05	00:09:07	01:22:02	01:23:57	02:45:59
Christian Varley	Manx Harriers	Hospice Isle of Man	39503	600		386	615	02:54:31	00:39:56	01:21:40	02:03:14	02:45:04	00:39:56	00:41:44	00:41:34	00:41:50	00:09:27	01:26:09	01:28:22	02:54:31
Mike Garrett	Manx Harriers	Wish Upon A Dream	31409	1464		822	1563	03:08:39	00:39:27	01:19:02	01:59:48	02:55:46	00:39:27	00:39:35	00:40:46	00:55:58	00:12:53	01:23:23	01:45:16	03:08:39
Paul Cubbon	Isle of Man Veteran Athletes Club		25195	1901		291	2078	03:13:50	00:43:07	01:27:22	02:13:05	03:02:52	00:43:07	00:44:15	00:45:43	00:49:47	00:10:58	01:32:18	01:41:32	03:13:50
Tim Knott		The Together Trust	48432	2139		1140	2348	03:16:25	00:48:04	01:35:43	02:21:05	03:06:09	00:48:04	00:47:39	00:45:22	00:45:04	00:10:16	01:40:51	01:35:34	03:16:25
Richard Radcliffe	Northern AC		25594	2414		163	2666	03:19:33	00:43:03	01:27:27	02:13:11	03:06:43	00:43:03	00:44:24	00:45:44	00:53:32	00:12:50	01:32:16	01:47:17	03:19:33
Paul Curphey	Manx Harriers		31756	2585		405	2862	03:20:58	00:43:09	01:28:17	02:16:08	03:09:00	00:43:09	00:45:08	00:47:51	00:52:52	00:11:58	01:33:15	01:47:43	03:20:58
Nikki Boyde	Northern AC	Wish Upon A Dream	25595	561		349	4401	03:31:44	00:51:30	01:41:23	02:31:18	03:20:41	00:51:30	00:49:53	00:49:55	00:49:23	00:11:03	01:46:44	01:45:00	03:31:44
Emma Rogan	Metros		29379	571		356	4462	03:32:07	00:49:34	01:39:40	02:30:41	03:21:06	00:49:34	00:50:06	00:51:01	00:50:25	00:11:01	01:45:11	01:46:56	03:32:07
Aaron Quinn	Manx Harriers	Craig's Heartstrong Foundation	25394	3917		2066	4496	03:32:20	00:48:07	01:34:04	02:25:02	03:20:45	00:48:07	00:45:57	00:50:58	00:55:43	00:11:35	01:39:06	01:53:14	03:32:20
Simon Lowe	Western AC		31297	5274		1094	6184	03:42:01	00:46:53	01:36:01	02:27:57	03:28:21	00:46:53	00:49:08	00:51:56	01:00:24	00:13:40	01:41:29	02:00:32	03:42:01
Jan Cooil	Manx Harriers		29808	1463		272	8798	03:54:15	00:53:12	01:46:47	02:41:27	03:40:47	00:53:12	00:53:35	00:54:40	00:59:20	00:13:28	01:52:36	02:01:39	03:54:15
Stephanie Gault	Western AC		24094	1898		1176	10651	04:00:33	00:53:55	01:48:58	02:46:31	03:47:35	00:53:55	00:55:03	00:57:33	01:01:04	00:12:58	01:54:59	02:05:34	04:00:33
Neville Jewell	Manx Fell Runners		2335	9320		1259	11413	04:04:00	00:46:50	01:38:19	02:35:47	03:47:47	00:46:50	00:51:29	00:57:28	01:12:00	00:16:13	01:43:59	02:20:01	04:04:00
Jonathan Chadfield		Hospice Isle of Man	39506	11918		6628	14963	04:18:26	00:56:40	01:56:22	02:56:24	04:05:58	00:56:40	00:59:42	01:00:02	01:09:34	00:12:28	02:02:44	02:15:42	04:18:26
Judith Harrison	Manx Tri Club	Unique	39506	11918		6628	14963	04:18:26	00:56:40	01:56:22	02:56:24	04:05:58	00:56:40	00:59:42	01:00:02	01:09:34	00:12:28	02:02:44	02:15:42	04:18:26
Nigel Armstrong	Manx Harriers		31842	13309		2437	16944	04:26:02	01:28:54	02:20:13	03:22:00	04:16:55	01:28:54	00:51:19	01:01:47	00:54:55	00:09:07	02:26:40	01:59:22	04:26:02
Andrew Wilson		Hospice Isle of Man	39502	18762		14532	8146	04:32:41	00:58:44	01:59:27	03:02:30	04:18:22	00:58:44	01:00:43	01:03:03	01:15:52	00:14:19	02:05:54	02:26:47	04:32:41
Jody McDowell			13365	15994		8932	20934	04:41:08	00:56:55	01:52:57	03:00:38	04:23:00	00:56:55	00:56:02	01:07:41	01:22:22	00:18:08	01:59:12	02:41:56	04:41:08
Pat Blackburn	Isle of Man Veteran Athletes Club		25194	4965		271	20994	04:41:23	01:00:48	02:04:40	03:12:28	04:25:36	01:00:48	01:03:52	01:07:48	01:13:08	00:15:47	02:11:39	02:29:44	04:41:23
Robert Goldsmith		RNIB	43218	17698		9931	23570	04:51:32	01:00:48	02:11:15	03:25:28	04:37:16	01:00:48	01:06:46	01:14:13	01:11:48	00:14:16	02:18:26	02:33:06	04:51:32
Keith Green		Rebecca House Childrens Hospice	2064	18481		1387	24813	04:56:49	01:00:38	02:03:55	03:18:03	04:41:41	01:00:38	01:03:17	01:14:08	01:23:38	00:15:08	02:11:16	02:45:33	04:56:49
Lee Brooks		Hospice Isle of Man	2064	18481		1387	24813	04:56:49	01:00:38	02:03:55	03:18:03	04:41:41	01:00:38	01:03:17	01:14:08	01:23:38	00:15:08	02:11:16	02:45:33	04:56:49
Breeshey Craine		Hospice Isle of Man	39504	6795		4278	26059	05:02:33	01:10:33	02:19:11	03:37:50	04:45:54	01:10:33	01:08:38	01:18:39	01:08:04	00:16:39	02:26:35	02:35:58	05:02:33
Leila Ashton		Help the Aged	38964	7175		4524	27015	05:08:01	01:08:16	02:22:06	03:32:57	04:51:12	01:08:16	01:13:50	01:10:51	01:18:15	00:16:49	02:29:29	02:38:32	05:08:01
Moirá Hall	Western AC	Manx Blind Welfare	26354	7411		180	27578	05:11:03	00:59:58	02:06:26	03:27:33	04:53:02	00:59:58	01:06:28	01:21:07	01:25:29	00:18:01	02:14:06	02:56:57	05:11:03
Ingrid Sugden	Isle of Man Veteran Athletes Club	Manx Blind Welfare	25193	8494		218	30189	05:28:58	01:07:02	02:20:29	03:46:34	05:11:58	01:07:02	01:13:27	01:26:05	01:25:24	00:17:00	02:28:44	03:00:14	05:28:58
Louise Whyman		NSPCC	41934	30708		21985	3805	05:33:20	01:08:51	02:23:10	03:45:50	05:13:55	01:08:51	01:14:19	01:22:40	01:28:05	00:19:25	02:31:12	03:02:08	05:33:20