

Manx runners in the 2009 Flora London Marathon

Name	Club	Charity	Number	Gender	Age	Overall Position	Finish Time	Aggregate times				Split times				First Half	Second Half	Finish		
								10km	20km	30km	40km	10km	20km	30km	40km				Final	
Murray Lambden	Manx Harriers		25392		311	5	314	02:45:59	00:38:42	01:17:48	01:56:47	02:36:52	00:38:42	00:39:06	00:38:59	00:40:05	00:09:07	01:22:02	01:23:57	02:45:59
Christian Varley	Manx Harriers	Hospice Isle of Man	39503		600	386	615	02:54:31	00:39:56	01:21:40	02:03:14	02:45:04	00:39:56	00:41:44	00:41:34	00:41:50	00:09:27	01:26:09	01:28:22	02:54:31
Mike Garrett	Manx Harriers	Wish Upon A Dream	31409		1464	822	1563	03:08:39	00:39:27	01:19:02	01:59:48	02:55:46	00:39:27	00:39:35	00:40:46	00:55:58	00:12:53	01:23:23	01:45:16	03:08:39
Paul Cubbon	Isle of Man Veteran Athletes Club		25195		1901	291	2078	03:13:50	00:43:07	01:27:22	02:13:05	03:02:52	00:43:07	00:44:15	00:45:43	00:49:47	00:10:58	01:32:18	01:41:32	03:13:50
Tim Knott		The Together Trust	48432		2139	1140	2348	03:16:25	00:48:04	01:35:43	02:21:05	03:06:09	00:48:04	00:47:39	00:45:22	00:45:04	00:10:16	01:40:51	01:35:34	03:16:25
Richard Radcliffe	Northern AC		25594		2414	163	2666	03:19:33	00:43:03	01:27:27	02:13:11	03:06:43	00:43:03	00:44:24	00:45:44	00:53:32	00:12:50	01:32:16	01:47:17	03:19:33
Paul Curphey	Manx Harriers		31756		2585	405	2862	03:20:58	00:43:09	01:28:17	02:16:08	03:09:00	00:43:09	00:45:08	00:47:51	00:52:52	00:11:58	01:33:15	01:47:43	03:20:58
Nikki Boyde	Northern AC	Wish Upon A Dream	25595		561	349	4401	03:31:44	00:51:30	01:41:23	02:31:18	03:20:41	00:51:30	00:49:53	00:49:55	00:49:23	00:11:03	01:46:44	01:45:00	03:31:44
Emma Rogan	Metros		29379		571	356	4462	03:32:07	00:49:34	01:39:40	02:30:41	03:21:06	00:49:34	00:50:06	00:51:01	00:50:25	00:11:01	01:45:11	01:46:56	03:32:07
Aaron Quinn	Manx Harriers	Craig's Heartstrong Foundation	25394		3917	2066	4496	03:32:20	00:48:07	01:34:04	02:25:02	03:20:45	00:48:07	00:45:57	00:50:58	00:55:43	00:11:35	01:39:06	01:53:14	03:32:20
Jennifer Morris			14888		673	415	4981	03:35:18	00:48:52	01:37:57	02:29:54	03:23:45	00:48:52	00:49:05	00:51:57	00:53:51	00:11:33	01:43:25	01:51:53	03:35:18
Simon Lowe	Western AC		31297		5274	1094	6184	03:42:01	00:46:53	01:36:01	02:27:57	03:28:21	00:46:53	00:49:08	00:51:56	01:00:24	00:13:40	01:41:29	02:00:32	03:42:01
Jan Cool	Manx Harriers		29808		1463	272	8798	03:54:15	00:53:12	01:46:47	02:41:27	03:40:47	00:53:12	00:53:35	00:54:40	00:59:20	00:13:28	01:52:36	02:01:39	03:54:15
Lee Brooks		Hospice Isle of Man	39505		8590	4732	10442	03:59:45	00:56:36	01:54:19	02:54:08	03:49:00	00:56:36	00:57:43	00:59:49	00:54:52	00:10:45	02:00:32	01:59:13	03:59:45
Stephanie Gault	Western AC		24094		1898	1176	10651	04:00:33	00:53:55	01:48:58	02:46:31	03:47:35	00:53:55	00:55:03	00:57:33	01:01:04	00:12:58	01:54:59	02:05:34	04:00:33
Neville Jewell	Manx Fell Runners		2335		9320	1259	11413	04:04:00	00:46:50	01:38:19	02:35:47	03:47:47	00:46:50	00:51:29	00:57:28	01:12:00	00:16:13	01:43:59	02:20:01	04:04:00
Richard McGarry		Leukaemia Care	39871		11660	6477	14603	04:17:01	00:58:39	01:59:40	02:59:58	04:04:26	00:58:39	01:01:01	01:00:18	01:04:28	00:12:35	02:06:15	02:10:46	04:17:01
Jonathan Chadfield		Hospice Isle of Man	39506		11918	6628	14963	04:18:26	00:56:40	01:56:22	02:56:24	04:05:58	00:56:40	00:59:42	01:00:02	01:09:34	00:12:28	02:02:44	02:15:42	04:18:26
Judith Harrison	Manx Tri Club	Unique	19417		2169	3485	16456	04:24:13	00:58:59	01:58:49	03:02:01	04:09:57	00:58:59	00:59:50	01:03:12	01:07:56	00:14:16	02:05:18	02:18:55	04:24:13
Steve Ward		Epilepsy Action	38037		13008	7276	16514	04:24:27	01:09:07	02:13:04	03:12:50	04:11:32	01:09:07	01:03:57	00:59:46	00:58:42	00:12:55	02:19:29	02:04:58	04:24:27
Nigel Armstrong	Manx Harriers		31842		13309	2437	16944	04:26:02	01:28:54	02:20:13	03:22:00	04:16:55	01:28:54	00:51:19	01:01:47	00:54:55	00:09:07	02:26:40	01:59:22	04:26:02
Andrew Wilson		Hospice Isle of Man	39502		14532	8146	18762	04:32:41	00:58:44	01:59:27	03:02:30	04:18:22	00:58:44	01:00:43	01:03:03	01:15:52	00:14:19	02:05:54	02:26:47	04:32:41
Jody McDowell			13365		15994	8932	20934	04:41:08	00:56:55	01:52:57	03:00:38	04:23:00	00:56:55	00:56:02	01:07:41	01:22:22	00:18:08	01:59:12	02:41:56	04:41:08
Pat Blackburn	Isle of Man Veteran Athletes Club		25194		4965	271	20994	04:41:23	01:00:48	02:04:40	03:12:28	04:25:36	01:00:48	01:03:52	01:07:48	00:15:47	02:11:39	02:29:44	04:41:23	
David Kinsella		NSPCC	42092		16603	9296	21885	04:44:58	01:05:21	02:12:11	03:20:24	04:30:13	01:05:21	01:06:50	01:08:13	01:09:49	00:14:45	02:19:33	02:25:25	04:44:58
Jon Quayle		Hospice Isle of Man	9723		16946	3039	22412	04:46:58	01:00:54	02:05:06	03:17:23	04:32:12	01:00:54	01:04:12	01:12:17	01:14:49	00:14:46	02:12:43	02:34:15	04:46:58
Robert Goldsmith		RNIB	43218		17698	9931	23570	04:51:32	01:04:29	02:11:15	03:25:28	04:37:16	01:04:29	01:06:46	01:14:13	01:11:48	00:14:16	02:18:26	02:33:06	04:51:32
Keith Green		Rebecca House Childrens Hospice	2064		18481	1387	24813	04:56:49	01:00:38	02:03:55	03:18:03	04:41:41	01:00:38	01:03:17	01:14:08	01:23:38	00:15:08	02:11:16	02:45:33	04:56:49
Breeshey Craine		Hospice Isle of Man	39504		6795	4278	26059	05:02:33	01:10:33	02:19:11	03:37:50	04:45:54	01:10:33	01:08:38	01:18:39	01:08:04	00:16:39	02:26:35	02:35:58	05:02:33
Kevan Osborn	Isle of Man Veteran Athletes Club		44129		19555	382	26526	05:05:15	01:03:55	02:10:08	03:28:27	04:49:06	01:03:55	01:06:13	01:18:19	01:20:39	00:16:09	02:17:59	02:47:16	05:05:15
Leila Ashton		Help the Aged	38964		7175	4524	27015	05:08:01	01:08:16	02:22:06	03:32:57	04:51:12	01:08:16	01:13:50	01:10:51	01:18:15	00:16:49	02:29:29	02:38:32	05:08:01
Moira Hall	Western AC	Manx Blind Welfare	26354		7411	180	27578	05:11:03	00:59:58	02:06:26	03:27:33	04:53:02	00:59:58	01:06:28	01:21:07	01:25:29	00:18:01	02:14:06	02:56:57	05:11:03
Ingrid Sugden	Isle of Man Veteran Athletes Club	Manx Blind Welfare	25193		8494	218	30189	05:28:58	01:07:02	02:20:29	03:46:34	05:11:58	01:07:02	01:13:27	01:26:05	01:25:24	00:17:00	02:28:44	03:00:14	05:28:58
Louise Whyman		NSPCC	41934		21985	3805	30708	05:33:20	01:08:51	02:23:10	03:45:50	05:13:55	01:08:51	01:14:19	01:22:40	01:28:05	00:19:25	02:31:12	03:02:08	05:33:20